



Trillium Times

PROGRAM GUIDE AND NEWSLETTER OF THE FRIENDS OF TRYON CREEK STATE PARK



Spring 2011

Vol. 38, No. 1

Owl Fest

Saturday, March 5th

Trillium Festival

Saturday & Sunday,
April 2nd & 3rd

Watershed Wide Event

Saturday, April 30th

Kids and Families

- Spring Day Camp
- Mother's Day Wildflower Walk
- Sustainability Day

For Adults

- Beginning Birding
- Creating a Nature Sketchbook
- Taxidermy 101
- Landscaping for Conservation

Volunteering and Stewardship

- Trillium Festival Volunteers
- Volunteer Orientation
- Adopt-a-plot
- Stewardship Saturdays
- Field Trip for Volunteers:
Cape Meares State Park

www.tryonfriends.org





31st Annual

Trillium Festival

AND NATIVE & HARDY PLANT SALE

Saturday and Sunday,

April 2nd & 3rd, 2011

10:00 - 4:00 pm both days

*Early Saturday 9:00 am plant sale entry for members

Free Shuttle Service

from nearby Riverdale High School and Lewis & Clark College

Featuring

NATIVE & HARDY PLANT SALE • LOCAL CRAFT & EDIBLES VENDORS • GARDEN ART SHOW & SALE • guided nature hikes • children's nature activities • local environmental groups • live music performances • nature photo contest • trillium raffle • food and coffee vendors

Visit tryonfriends.org for festival schedule, plant sale, garden art, and trillium market vendors, and shuttle parking locations.

Other Contributors

Patagonia • Lewis & Clark College
Riverdale High School • Trillium Coffee

2011 Trillium Festival Sponsor



Having been a part of this community for more than 100 years, we've learned just how important it is to be involved. Whether it's planting a tree, reading to a child or proudly supporting Friends of Tryon Creek, we're here to help make our community vibrant, special and positively different.

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Learn about the City of Portland's work on Tryon Creek at
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Or contact

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Who are the Friends of Tryon Creek State Park?

The Friends of Tryon Creek State Park, in collaboration with Oregon State Parks, strives to provide world-class interpretive and educational experiences to visitors of the park; acts as a natural history resource to families, teachers and students throughout the Portland Metro-region; enriches the health of visitors of all ages by maintaining trails for walkers and horseback-riders; and is a leader and partner in the protection, restoration and conservation of this park and the watershed it resides within.

Mission

To conserve and enhance the natural resources, and promote the educational, interpretive and recreational programs of Tryon Creek State Park.

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Friends of Tryon Creek programs are supported by

- City of Lake Oswego
- Gray Family Foundation of the Oregon Community Foundation
- Herbert A. Templeton Foundation
- Jackson Foundation
- Juan Young Trust
- Meyer Memorial Trust
- Oregon Community Foundation
- Patagonia
- Pacific Power Foundation
- Portland State University
- REI
- Union Bank Foundation
- Wessinger Foundation



Director's Corner: Telling our story

I can not tell you how important it is for an organization to be able to share their story in a clear and concise way so the listener truly understands the context and significance of the work you do. Whether it's attracting individuals to participate in your programs, making an effort to bring in needed resources, or attempting to sign up new volunteers, we need to be able to state clearly who we are and why the work we do is relevant and vital. The Friends have a rich history and colorful legacy of connecting people, young and old, to this amazing green space, so they leave with a greater appreciation of the bounty that

nature offers and care a bit more about being a good steward of all natural spaces. Internally, this history has become lore and we could not be more proud of all that has been accomplished.

But the Friends have been fairly subdued about our many successes – that has been part of our personality and the culture we have built here. We don't do this work so we can boast about it – we do it because it is part of our value system and fits in with our priorities as individuals, and as an organization. We have quietly gone about our business for 40 years, knowing inside the good work we have accomplished and the difference we are making.

Times are changing, and the need to more broadly tell this story, a best kept secret to so many, is more important than ever. For us to be able to continue this good work we must raise our visibility in the community so this legacy is well known to others. But there is a second part of the story which also must be articulated: our future aspirations need to be declared so we can best align our efforts with needs identified as critical in this community. Our past is known, and I feel that we have a great story to tell as to how we got here. Our strategic planning process which we have already begun and will be finalized this summer will provide that other key piece – creating a clear vision of where we're going and what we aspire to. It is the formation of this simple story – a look back and a look ahead – that will help to ensure our future success – guaranteeing the involvement of more individuals interested in participating, supporting and volunteering so we can remain the ambitious and productive organization that is our legacy.

David Cohen
Executive Director, Friends of Tryon Creek State Park

Park Manager's Corner: Planning Efforts Aboard



No sooner did the Friends acquire their grant from the Meyer Memorial Trust for strategic planning than a Master Planning effort was begun by Oregon State Parks for Tryon Creek State Natural Area as well as other parks within this management unit including Milo Mclver State Park, Willamette Stone State Heritage Site, Wapato Landing on Sauvie Island, and Bonnie Lure State Recreation Area on Eagle Creek. This process begins with an information gathering stage to create a foundation for what's to come. This consists of an assessment of all park resources including cultural and natural resources, significant scenic settings, and long

term ecosystem needs. This is combined with recreational, interpretation and operational needs to discover opportunities as well as constraints. From this a general plan is developed and alternatives presented. Naturally, the Friends will be continually involved in this process. There will also be public meetings as an opportunity for input, the first possibly as early as this summer. We are excited about working with you to create a vision for this park that supports its natural integrity, protects its refuge quality, and provides a special place for the community to experience and enjoy for future generations.

John Mullen
OPRD Park Manager, Tryon Creek/Milo Mclver Management Unit

Spring Events and Activities

SPRING NATURE DAY CAMPS

NOTE: Bring a snack for the morning and lunch with a drink. Pre-registration is required for all spring day camp classes. Registration is available online at www.tryonfriends.org.



OH TO BE A TREE!

Monday, March 21

9:00 - 3:00pm

Trees are all around us, but do you know what's happening inside these gigantic forest organisms? We'll build models demonstrating how trees work as we learn more about these magnificent things we see everyday. We'll discover the different trees that make Tryon Creek home as we travel through tree trunk tunnels. We'll also explore upturned roots, nurse logs, and gigantic stumps we can stand in, as we learn how important trees both living and dead are to Tryon Creek. Our learning will interactively uncover how Pacific Northwest Native Americans interacted with trees as well.

Grades 1-3

\$45 (\$40.50 for members)

BOBCATS

Tuesday, March 22

9:00 - 1:00pm

Come explore the behaviors of these intelligent creatures as we make bobcat crafts, share bobcat stories, and examine our stuffed bobcat. We'll learn to see bobcat tracks and out on the trail we'll discover where these animals live and find evidence of their nighttime activity.

Grades K-1

\$30 (\$27 for members)

OUT AND ABOUT: ANIMAL SAFARI ON SAUVIE ISLAND

Wednesday, March 23

9:00 - 3:00pm

This adventurous day will begin with a van ride to Sauvie's Island. We will explore the island's various animal habitats. We will look for beaver lodges, nesting Great Horned Owls, Bald Eagles soaring, hawks hunting, Sand Hill Cranes feeding in the fields, and coyotes on the prowl. We will also spend some time catching frogs. Your child must be comfortable using porta-potties.

Grades 2-5

\$65 (\$58.50 for members)

INSECTS AND THEIR AMAZING ADAPTATIONS

Thursday, March 24

9:00 - 3:00pm

Insects are incredible creatures. We will learn about some of their amazing adaptations. We will check out various mouth parts, learn about antennae, and figure out what they do with their feet. We will make a secret recipe to paint on trees to attract insects, go on an insect hunt and play insect games.

Grades 1-3

\$45 (\$40.50 for members)

FROGS AND POLLIWOGS

Friday, March 25

9:00 - 1:00pm

This class is all about frogs and polliwogs.

We will look at live ones, explore their habitat outside on a hike, make a frog craft, sing frog songs and play frog games.

Grades K-1

\$30 (\$27 for members)

SPECIAL EVENT: OWL FEST

Saturday, March 5

See page 6 for details.

SCOUT TRAIL DAY: BOY SCOUT COYOTE NIGHT

Saturday, March 12

6:30 - 8:30pm

We will be hosting a program about coyotes just for Boy Scouts. Tiger Scouts through Webelos and their leaders will have the chance to learn about coyotes, listen to coyote stories, and join one of our Nature Guides on an evening hike in the forest to listen for our resident coyotes.

For ages 6-12 years old.

\$5 per scout and \$5 per adult.

No siblings allowed. Pre-registration required.

KIDS IN NATURE: WOODPECKERS

Sunday, March 13

10:00 - 11:30am

Woodpeckers are an important part of the forest ecosystem. Join us as we discover how woodpeckers search for food and make homes for themselves and other creatures. We will interactively explore the adaptations of woodpeckers. On the trail we'll search the forest for the sights and sounds of woodpeckers at work.

For children ages 4 - 7 accompanied by an adult \$10/child (non-member); \$9/child (member)

Fee covers one adult and one child.

Pre-registration required.

SPECIAL EVENT: TRILLIUM FESTIVAL

Saturday and Sunday,

April 2 - 3

See page 2-3 for details.

PRESCHOOL CLASS: HIDE AND SEEK

Tuesdays,

April 12, 19, 26 and May 3

1:00 - 2:00pm

Explore predator/prey relationships and use camouflage to hide in the forest. Practice keeping still and safe and learn how animals listen, smell and watch to survive. You and your child will explore the natural world through art, stories, science activities and nature walks.

Ages 3-6 with parent/guardian.

\$30/child (\$27/child for members)

Fee covers one adult and one child.

Pre-registration required.

Register online at www.tryonfriends.org or call us at 503.636.4398.

e events **t** educator trainings **c** for children **a** adult programming

🕒 MORNING BIRD SONG WALKS

Mondays, April 4 – May 23

7:00 - 9:00pm

From beginners to advanced birders, anyone who is fascinated by the sounds of birds should take advantage of these guided walks through the Tryon Creek upland forest and riparian areas. By starting with the earliest trips you can learn the songs of the common resident species and then when the migrants arrive you'll be able to sort them out during the morning chorus.

These free walks are led by Audubon volunteer Rick Wagner and meet at the Tryon Creek Nature Center

👨‍👩‍👧 KIDS IN NATURE: SIGNS OF SPRING

Sunday, April 17

10:00 - 11:30am

Join us as we go on a scavenger hunt for signs of spring. We'll also use art and flowers to better understand spring colors. We'll conduct simple science experiments so we can learn more about the springtime behaviors of plants too.

For children ages 4 – 7 accompanied by an adult \$10/child (non-member); \$9/child (member) Fee covers one adult and one child.

Pre-registration required.

👨‍👩‍👧 ADULT WORKSHOP: THE NITROGEN CYCLE

Sunday, April 17

1:00 – 4:00pm

This program will begin outside as we connect Tryon Creek's Red Alders to the process of nitrogen fixation. We'll then come inside for a presentation on how this important process relates to food production. With a thorough understanding of the nitrogen cycle, workshop participants will come away confident that they can do without harmful and expensive fertilizers. **This is a free program but enrollment is limited, pre-registration is encouraged.**

🕒 EARTH DAY RECYCLE ROUNDUP

Friday, April 22

10:00 – 2:00pm

Do your part this Earth Day by bringing us those recyclable items that CANNOT be taken curbside! We will be working with Master Recyclers to accept "soft plastic, hard plastic and electronics" such as grocery bags, cereal liners, bottle caps, dvd's, cd's and cases, clam shells, cell phones and more.

Roundup meets in the equestrian parking lot just inside the main entrance.

TRYON BIRDS IN SPRING



👨‍👩‍👧 FAMILY EVENT: OWL FEST

Saturday, March 5

4:00 - 7:00pm

Portland is teeming with owl activity in the springtime months. If you love owls, come out to Tryon Creek State Natural Area for an evening of Owl Celebration! Activities for the entire family including owl pellet dissection, book reading and signing by local authors, snacks by Clif Bar, owl house construction, guided hikes and up close encounters with the Audubon Education Owls – Hazel and Julio!

Appropriate for all ages. No registration required. Guided hikes are on a first come, first served basis, so please sign up when you check in.

👨‍👩‍👧 ADULT WORKSHOP: BEGINNER BIRDING

Thursday, April 28

6:00 – 7:30pm

and Sunday, May 1

8:00 – 11:00am

Join birding enthusiast Rhett Wilkins for a fun and exciting introduction to bird watching. Rhett will begin with an evening class that will get everybody up to speed on birding basics. He will then lead a guided morning hike where we can begin to apply our knowledge and newfound skills. Rhett has spent time as a bird-keeper for the Houston Zoo and a Wildlife Interpreter for the Houston Arboretum. Rhett has also worked for the Friends of Tryon Creek and Oregon State Parks; he is a great resource for anyone interested in the wonders of bird behavior.

Cost: \$6 (non-member) \$5 (member)

Program cost includes evening class and morning guided hike.

Pre-registration required.

🕒 NATURE AFTER HOURS: BIRDING ADVENTURES

Tuesday, May 3

6:00 - 8:30pm

Interested in bird watching but don't know where to begin? Join the Friends for beer, wine, and refreshments as Sarah Pinnock of Jackson Bottom Wetlands shares some tips and tricks for learning birds. She will answer your questions about habitat, bird behavior, field guides and understanding bird language. This is the perfect introduction, giving you the background you'll need to begin your own bird watching adventures.

Free program for adults. Beer, wine, and refreshments will be served.

No registration necessary.

🕒 INTERNATIONAL MIGRATORY BIRD DAY EVENTS: GO WILD ~ GO BIRDING!

Saturday, May 14

10:00 - 3:00pm

International Migratory Bird Day celebrates and brings attention to one of the most important and spectacular events in the Americas - bird migration. Join the staff and volunteers at Tryon Creek State Natural Area both on the trails and around the nature center for a celebration of birds.

10am - Noon: We will be leading two tours; adults can check out our nest tour for a guided hike that will stop at different nesting locations throughout the park; children will make some crafty binoculars and take them out on the trails to try their hand at Bird Habitat Bingo.

1:00 - 3:00pm: You can visit demonstrations in the Jackson Shelter and Nature Center to learn about owl pellets, bird feeders, local bird adaptations and more!

👨‍👩‍👧 FAMILY EVENT: A CELEBRATION OF WOODPECKERS

Sunday, May 15

2:00 - 4:00pm

Join us for an afternoon of experiences focused on learning about our wood-working residents – the Woodpeckers of Tryon Creek. Visit the Trillium Trail between 2:00 and 4:00 for activities featuring these industrious inhabitants of forest. Winners of the 2011 Daryle Seil Tall Tale Contest "Why Woodpecker Must Make Holes" will be reading their stories in the Nature Center.

This is a free program but enrollment is limited, pre-registration is encouraged.

Register online at www.tryonfriends.org or call us at 503.636.4398.

🕒 events 🎓 educator trainings 👨‍👩‍👧 for children 🎓 adult programming

Spring Events and Activities



a GIRL SCOUT TRAIL DAY: SPRINGTIME IN THE FOREST

Saturday, May 7

1:00 - 4:30pm

Daisy, Brownie, and Junior Girl Scouts and their leaders will have the opportunity to hike within our forest to Education Stations to learn about spring wildflowers, butterflies and animals coming home to nest. Participate in a scavenger hunt and make a craft to take home.

For ages 6-12 years old. \$5 per scout & \$5 per adult. No siblings allowed. Pre-registration required. You will be assigned a check-in time after you have registered.

e FAMILY EVENT: MOTHER'S DAY WILDFLOWER WALK

Sunday, May 8

Morning Walk: 10:00 - Noon

Afternoon Walk: 2:00 - 4:00pm

Bring your mother to the park for the opportunity to take a guided wild flower walk. **This is a free program but enrollment is limited, pre-registration is encouraged.**

i PRESCHOOL CLASS: EGGS, EGGS EVERYWHERE

Tuesdays,

May 10, 17, 24 and 31

1:00 - 2:00pm

Animals from owls to salamanders lay eggs. Some animals lay one egg at time and others thousands. Some eggs grow in water and some high in trees. Help hatch real chicken eggs. Find out about how young life grows and how the parents care for their young. You and your child will explore the natural world through art, stories, science activities and nature walks.

**Ages 3-6 with parent/guardian.
\$30/child (\$27/child for members)**

**Fee covers one adult and one child.
Pre-registration required.**

a ADULT WORKSHOP: CREATING A NATURE SKETCHBOOK

Saturday, May 14

10:00 - 4:00pm

In this one day workshop, you'll learn how to: identify plants; "really" look at your natural surroundings and capture what you see; and finally, describe it all on paper through sketching, color and words. Some experience with sketching is desirable but not necessary.

Registration required. Please register with Portland Community College (www.pcc.edu/registration/)

i KIDS IN NATURE: COYOTES

Sunday, May 15

10:00 - 11:30am

From scat to tracks, the presence of coyotes in the park is clear. Join the friends as we learn about these special creatures through stories and crafts. We'll also learn to distinguish their tracks from domesticated dogs. Out on the trails we'll find evidence of coyotes as we learn more about their habits.

For children ages 4 - 7 accompanied by an adult \$10/child (non-member); \$9/child (member) Fee covers one adult and one child.

Pre-registration required.

a LANDSCAPING FOR CONSERVATION: LET NATURE WORK FOR YOU

Saturday, May 21

9:00 - Noon

Save time, save money and help out the environment by letting nature do your gardening. Join Stephanie Wagner for a Landscaping for Conservation workshop and learn how your garden can function more like the natural system surrounding us. You will learn about your garden from the ground up - starting with the soil and its complex role supporting plants. You will also learn about gardening with native plants which use less water and don't require expensive fertilizers and pesticides. Everyone who attends will receive a free plant and the opportunity to receive a garden consultation.

This is a free program but enrollment is limited, pre-registration is encouraged.

e FAMILY EVENT: SUSTAINABILITY DAY

Saturday, May 21

1:00 - 4:00pm

Join PSU students and the Friends of Tryon Creek to learn simple ways we can all live more in tune with the earth. Walk through the park and visit stations along the trails designed to give you ideas on how to eat seasonally and locally and find creative ways to reuse and recycle more efficiently. You will be making items you can take home with you to help you reduce your carbon footprint.

a ADULT WORKSHOP: TAXIDERM Y 101

Sunday, May 22

1:00 - 4:00pm

Join the Friends for an exploration of this dying art (pun intended). We'll have a museum specialist guide us on a historical journey as we trace the zoological importance of taxidermy and animal skins. We'll then have a chance to prepare some skins of our own using animal specimens donated to the park. Workshop participants will have an opportunity to keep a sample specimen or donate their work to the Friends' educational programs.

Cost: \$10 (non-member) \$9 (member)

**This program is free for our Education Volunteers
Pre-registration required (including volunteers)**



Register online at www.tryonfriends.org or call us at 503.636.4398.

e events **t** educator trainings **i** for children **a** adult programming



2nd Annual Tryon Creek Watershed Wide Event

Saturday, April 30th

8:30 - Noon



Join your friends and neighbors in protecting and restoring the Tryon Creek watershed during the 2nd Annual Tryon Creek Watershed Wide Event! This day of hands-on restoration and celebration gives you the chance to discover new locations in the watershed and to make a lasting difference for the health of Tryon Creek. Volunteers can choose from 10 restoration sites scattered throughout the Tryon Creek watershed participating in invasive removal, tree planting, or site clean up.

Get started with the watershed kick-off with coffee and morning snacks from 8:30 – 9:30 am at Tryon Creek State Park

TRYON CREEK WATERSHED TOUR

Saturday, March 12th, 9 AM - noon

The Tryon Creek Watershed Council is conducting a watershed tour of Tryon Creek on Saturday, March 12th from 9am - noon. The tour highlights some of the watershed's most prized natural areas and restoration projects being built to bring salmon back to Tryon Creek. Sites on the tour include private property that the public would not otherwise be able to access, and some of the best publicly owned areas you may not know about. The tour will be led by local experts from the Watershed Council who are knowledgeable and involved with many of the projects highlighted on the tour.

Free and open to all! Meet at the Tryon Creek State Park Nature Center (11321 SW Terwilliger Blvd.) at 9 am. Your own transportation will be required but some carpooling will be available - registration required. Contact Sean at tcwc@tryonfriends.org or 503.636.4398, ext. 121.

Work parties will be from 10 am – noon at various sites across the Tryon Creek watershed, including here at Tryon Creek State Natural Area.

Spots filled quickly last year. Sign-up begins March 15th at www.tryonfriends.org.

Brought to you by Tryon Creek Watershed Council and Friends of Tryon Creek State Park, with a grant from Southwest Neighborhoods, Inc. and the Portland Office of Neighborhood Involvement



Nature
History
Discovery

TRYON TREKKERS FITNESS WALKING

Tuesday Mornings
March, April, May
7:30 - 8:30am

Join us for fitness walking at Tryon Creek. With the lovely forested surroundings and changing weather upon us, why not get out and take advantage? Whether you are looking for a walking companion, to decrease stress, healthy solutions, or for somewhere to start your exercise regimen, this is for YOU. We will offer staff - or volunteer - led hikes each Tuesday morning from 7:30-8:30am so you can walk before work!

Free, no pre-registration necessary.

Story and Stroll

Fridays; 1:00 - 2:00pm

Free activity for younger families (children 3-6 years old preferably). Pre-registration Required.

March 4 – Owl Moon
March 11 – To Be a Tree
March 18 – Chipmunks
March 25 – Tracks!
April 1 – Seed is Sleepy
April 8 – April Showers
April 15 – Fantastic Frogs
April 22 – It's Earth Day!
April 29 – Amazing Ants
May 6 – Egg is Quiet
May 13 – Unbeatable Beaks
May 20 – Busy Bees
May 27 – Camp Out!

Saturday Guided

Nature Walks

Saturdays; 10:00 - 11:30am

Parents must accompany kids on all hikes. **NO LARGE GROUPS PLEASE.** If you would like to arrange a time for your group please contact us at 503.636.9886 at least one week in advance.

NOTE: Each 'Tryon Tour of the Bridges' covers 2 -3 miles and will take 2 + hrs

March 5 – Conifers of the Creek
March 12 – Signs of Wildlife
March 19 – Ethnobotany
March 26 – Tryon Tour of the Bridges: Part 1
April 2 – Trillium Hike (multiple times)
April 9 – Nest Tour
April 16 – Herp Hike: Amphibians and snakes!
April 23 – Signs of Wildlife
April 30 – Tryon Tour of the Bridges: Part 2
May 7 – Plant & Wildflower Walk
May 14 – Nest Tour
May 21 – Herp Hike: Amphibians and snakes!
May 28 – Tryon Tour of the Bridges: Part 3

Volunteering & Stewardship Activities

Contact: Amy Hoffman at 503-636-4398 or amy@tryonfriends.org.



VOLUNTEER ORIENTATION

Thursday, March 10

6:00 - 7:30pm

Meet at the Nature Center at Tryon Creek State Natural Area

All are invited to our volunteer orientation. We will discuss a bit of park history, our mission and goals, our special relationship with Oregon Parks and Recreation Department, our Watershed Council, our programs, our volunteer opportunities, and answer any questions that you may have.

Refreshments served by the Friends of Tryon Creek

Can't make it this time? No worries—we will have a volunteer orientation scheduled each season.

R.S.V.P. to Amy Hoffman at 503-636-4398 or amy@tryonfriends.org

ADOPT A PLOT

If you enjoy volunteering during our Stewardship Saturday work parties, take that enjoyment to a new level and adopt your own plot in the park. Individuals, groups and families commit to coming out at least 4-6 times a year to remove and maintain invasive species in their own small section of Tryon Creek. This is a wonderful opportunity to see the long-term results of your hard work and to be a part of our larger effort to rid the park of invasive species. Training is provided and you set your own schedule.

Contact Amy Hoffman at 503-636-4398 or amy@tryonfriends.org with questions or to get started.

MARK YOUR CALENDAR FOR TRILLIUM FESTIVAL

April 2nd and 3rd

Our biggest fundraiser event and perhaps our most enjoyable volunteer days, the Trillium Festival, is coming up quickly. We will need volunteers to help with the plant sale, the front desk, direct traffic, lead children's activities, set-up & tear-down, and much more during the event itself on April 2nd and 3rd. The event is from 10am to 4pm both days and volunteers will be needed for various shifts ranging from 8:30am to 5pm. This event celebrates spring and the trillium flowers and encourages people to buy and garden with native plants. It is a great way to help us highlight Tryon Creek State Natural Area and support the Friends' education and restoration programs.

Please contact Amy Hoffman at 503-636-4398 or amy@tryonfriends.org to sign-up for a volunteer shift.



ELINOR LEVIN GARLIC MUSTARD DAY

Saturday, May 14

9:00 - Noon

Join us to pull garlic mustard in honor of Elinor Levin. Elinor recognized the invasive qualities of garlic mustard early on and worked hard for years keeping it out of Tryon Creek.

Note: This is an extension of our normal Stewardship Saturdays program so some groups may be involved with pulling ivy. See Stewardship Saturday description for details.



STEWARDSHIP SATURDAYS

2nd and 4th Saturdays

9:00 - Noon

2nd Saturdays are always ivy pulls and 4th Saturdays may be trail maintenance in the winter

Pull together to remove invasive English ivy and to protect our forest. Ivy outcompetes our native plants, covers the tree canopy, stops photosynthesis, takes over the forest floor, and ruins precious habitat.

- Registration is not required but please call ahead with groups of 5 or more
- ALL MINORS must be checked in at the Nature Center with their minor's insurance form signed by a parent/guardian
- Anyone under 16 MUST be accompanied by a parent/guardian
- Gloves and a light snack provided
- Please bring your own water bottle
- Please dress for the weather, to get dirty, and to be off trail (sturdy shoes and long pants are strongly suggested)
- Be prepared for a 15-20 minute hike to worksite.

We have lots of fun and hope to see you on a Saturday! Questions? Contact Amy Hoffman at 503-636-4398 or amy@tryonfriends.org

Dates

March 12th – Ivy

March 26th – Trail Maintenance

April 9th – Ivy

April 23rd – Trail Maintenance

April 30th – Watershed Wide Event

(Check opposite page for details)

May 14th – Ivy and Garlic Mustard

May 28th – Ivy

Volunteers Make it Happen: 2010 Highlights

Tryon Creek is blessed with many amazing volunteers who are the heart and soul of our programming. These dedicated people make it possible for us to lead school fieldtrips, fight the never ending battle of invasive species, greet and interact with visitors, keep our park and trails clean and safe for all, stage fun community events, and so much more. In 2010, 1,710 people gave over 15,000 hours to the park and our organization. This would equal 7 full-time staff people and over \$300,000 in labor and skills. Thank you Volunteers!

- Amy Hoffman, Volunteer Coordinator



New Urban High School teachers continued to bring Youth Take Action and Environmental Science students to volunteer monitoring projects.



Trillium Festival volunteers sold and carried native plants for festival visitors.



Comcast Cares Day sent volunteers to our 1st Annual Watershed Wide Event in honor of Earth Day.



Ecotrails volunteers led the charge against invasive species.



Assistant Counselor volunteers made our Nature Day Camps extra special.



Nature Guides tested their senses and plant ID skills for school fieldtrips.

Volunteer & Stewardship News and Updates

ANNUAL MEETING AND VOLUNTEER RECOGNITION EVENT



TOP: FOTC members socializing before the Annual Meeting begins.

MIDDLE: David and Amy presenting the Individual Volunteer of the Year Award to Mary North

BOTTOM: Sean Tevlin accepting a partner award for the the Tryon Creek Watershed Council.

JUST FOR VOLUNTEERS: WHALE WATCHING FIELDTRIP



Friday, April 15th, 2011
Cape Meares State Park
Meet at the Nature Center at 8:30am

Celebrate tax day by escaping the city and going whale watching with other Tryon Creek volunteers. The Friends will provide two vans and people are welcome to carpool as well. Our own volunteer, Steve Trapp will provide us with a special **Whale Watching Spoken Here** program.

Cape Meares also provides an opportunity to see some special shore birds and a chance to take a lighthouse tour.

Please bring your own lunch, drinks, snacks, warm layers, raincoat, and sunglasses for good measure.

R.S.V.P. to Amy Hoffman at 503-636-4398 or amy@tryonfriends.org

Curious about the Whale Watching Spoken Here program? Check out whalespoken.org

VOLUNTEERING EXPERIENCES: 2010 VOLUNTEER AWARDS



Lu Beck alongside, David Cohen, after receiving her Lifetime Achievement Award

- Lifetime Achievement Award —Lu Beck
- Individual Volunteer of the Year —Mary North
- Trail Host Volunteer of the Year —Larry Gelhar
- Special Projects Volunteers of the Year—Brian Duffy and Harold Mansperger
- Interpretative Volunteer of the

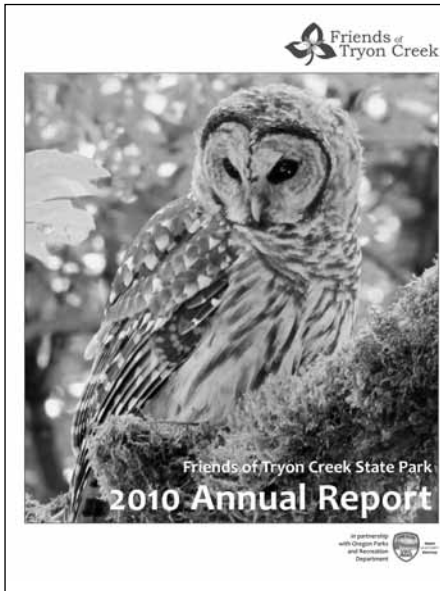
Year—Richard Diffenderfer

- Nature Center Host Volunteer of the Year—Peter Browning
- Education Volunteer of the Year —Jim Johnston
- Event Volunteer of the Year —Joan DeChaine
- Ecotrails Volunteer of the Year —Larry McLaughlin
- In a Pinch Volunteer of the Year —Jennifer Zahniser
- Student Volunteer of the Year —Laura Colgan
- Rookie Volunteer of the Year —Adam Simpson
- Liaison Volunteer of the Year —Pauline Freeman
- Most Volunteer Hours —Phil Hamilton

2010 PARTNER AWARDS

- Hands On Portland
- Portland State University Center for Science Education
- Tryon Creek Watershed Council
- Waggener Edstrom Worldwide

2010 ANNUAL REPORT AVAILABLE FOR CONSUMPTION



The Friends 2010 Annual Report is available at the Nature Center for any interested in reading about our successful year fundraising and producing programs for all ages (members will be receiving a copy by mail or email). The highlights of the report include another robust programming year for the Friends, ending the year in black, breaking previous income goals for the organization, and serving more children than ever. Just ask someone at the front desk for a copy and we'll gladly share one with you.

NEW BOARD MEMBER APPOINTED

The Board of Directors expanded to 18 members with the addition of attorney Patrick Rowe. Patrick, who is employed by Sussman Shank LLP has been involved with a number of civic efforts but has a strong interest in outdoor recreation and connecting children to nature. We welcome his energy and enthusiasm as the Friends continue to build for the future.

FRIENDS OF TRYON CREEK 2011 ANNUAL MEETING AND VOLUNTEER RECOGNITION EVENT A HUGE SUCCESS



Once a year we get to share our successes with our members and friends and this year's annual meeting continued that effort in what was truly a feel-good celebration. Over 60 friends squeezed into the Kraft Room that evening and received the hot-off-the-presses Annual Report and sat through a short business meeting. The highlight of that session was the announcement that we had ended the year in the black after surpassing our goals for education and grant income (and tightening our belt a bit). But the highlight of the evening was once again the heartwarming stories of our volunteer award winners who shared their passion for being here and stories that reminded us why we all care so much about this place. Congratulations to all the award winners this year. As is our annual challenge, it was so hard to choose our award winners when so many deserving folks are out there who have really made a difference in 2010 for us and the park.

OPRD BEGINS TRYON CREEK MASTER PLANNING PROCESS

For years there has been talk within OPRD circles of producing a master plan for the park. In 1971, after the original land was purchased but before the park was fully formed, a draft plan was created but never formally adopted. The ideas and intentions of that effort, though, did much to guide the park's development despite its informal status. Now, OPRD has committed to the process and we have begun in earnest to work on this formal document which will consider the opportunities and challenges that this property has to offer. Questions about how the park gets used, how we take care of the habitat and the physical plant, a look at facilities and other capital needs, are all things that the plan will consider. The Friends feel privileged to be asked to be at the table so we can add our input into what

will end up being an important document for the short and long term future of the park.

The other piece of this news is that there will be a few opportunities for the public to weigh in on this process with their ideas at some planned public forums which will be both an update on the current thinking and a request for input. We will let everyone know when those will be taking place. The process is slated to finish up in the spring of 2012.

NEW TRAIL SIGN ALONG TRILLIUM TRAIL



A new sign at the entrance of the Trillium Trail will re-introduce visitors to one of the park's founding members. Ruth Pennington was a beloved member of the Friends of Tryon Creek and the namesake of the all abilities trail that she championed. We invite you to stop by to learn about Ruth, her love of native plants and the all abilities trail.

Karen Houston
OPRD Park Ranger
Tryon Creek/Milo McIver Management Unit

THE FRIENDS BREAK THE \$500,000 MARK IN TOTAL INCOME IN 2010

After a financially challenging 2009, the Friends finally hit on all cylinders and ended up raising more money than this organization has ever raised in a non-capital project year. While we came short of our goal to raise \$40,000 to honor our 40th year through our two annual appeals, overall giving including memberships, individual giving, business and foundation support was significantly more than 2009 bringing the organization back into its accustomed place in the black. We were able to break the \$500,000 mark in total income for the first time ever, eclipsing our former high of \$485,000. Thanks to all those who stepped up to get us back on track and moving in an upward trajectory once again. 2011 looks much brighter and the momentum from the year end will carry us far into the New Year.

David Cohen
Executive Director

Supporting the Friends

END OF THE YEAR GIFTS MAKE A DIFFERENCE

Three significant grants came through this last quarter including those from **Meyer Memorial Trust** (\$20,000), the **Oregon Community Foundation** (\$10,000) and **Trust Management Services** (\$10,000). Giving to an organization such as ours at that level really makes a major statement of their belief in our mission and direction. Thank you to those three whose gifts will really make a difference here. Other end of the year foundation support included grants from **Juan Young Trust**, **Templeton Foundation**, **Leupold and Stevens Foundation**, **Union Bank Foundation**, and **Cleveland H. Dodge Foundation**.

Those renewing or initiating their Founders Circle membership at year's end include **Steve and Mary Pat Hedberg**, **David Johnson**, **Michael and Jan Opton**, **Nels and Tory Paine**, **Mel Taylor**, **James Diamond** and **Julia Rea**, **Duncan and Cindy Campbell** of the **Campbell Foundation**, **Sophie and Arthur Brody Foundation**, **Lu Beck**, **Susan Bishop** and **Hall Lee**, **Brent and Laura Carreau**, **Dr. Michael and Ruth Brodeur**, **Brent and Laura Carreau**, **Judy Dannen**, **Dean and Joan DeChaine**, **Laura and Ken Dobyns**, **Cindy and Bruce Ellison**, **Terry and Debbie Griffin**, **Doug and Sharon Hawley**, **Jan and Gary Johanns**, **Robin Labaw**, **Robin Migdol**, **Bill and Mary North**, **Robert Bruce Rule**, **Juris and Candy Solovjovs**, **Richard Stiggins** and **Nancy Bridgeford**, **Stephanie and Rick Wagner**, and **Louis Weisberg**.

If you have interest in joining our Founders Circle feel free to contact David or Elisa at 503 636-4398. And thanks again to all those who have made and continue to make the Friends a significant part of their annual giving.

Contributions from October 16th, 2010 – January 15th, 2011

Please let us know if you have inadvertently been left off this list. Recent contributions will be noted in our next newsletter.

Winter Appeal

Founders Circle \$500 - \$1000

Judy Dannen
Dean and Joan DeChaine
Mary North
Melvin Taylor

\$250 - \$499

Ned and Marcie Kirschbaum
Joseph Savage

\$100 - \$249

Carl and Patty Axelsen
Ernest and Sarah Chaplen
Eugene and Martha Fuchs
Richard and Susannah Goff
Mary Anne and Steve Goodrich
Sally and Bob Griffith
Andrew and Ilene Harris
Keith and Doris Henson
James and Carol Hibbs
Bradford and Ariel Hill
Craig and Jane Johnston
Berry and Kate Kenton
Steve McMaster and Kathy Brock
Beatrice and Walter Neuburg
Bee and Quent Neufeld
Patti and John Ng
Diane Pierce
Phyllis Redman
Mary and Allen Solares
Kathrin Spaccarelli
Tom and Susan Theissen
Dee and George Toepfer
Ian Underwood and Mary McGlone

\$50 - \$99

Christopher Aaberg and Sandra Frost-Aaberg
Donna and Donald Barrigan
Howard Beckerman
Shirley Brown
Patsy Bruggere
Sandra Carlson
Elizabeth Carnes
Marvin Clifford
Bryan Concannon
Daniel and Cynthia Cristofani
Brewster and Rebecca Crosby
Cynthia and Christopher Cunningham
Terry Dalsemer and Gail Owen
Anne and Ed Dobson
Paul and Karen Embler
Randy Goldsmith
Karen Kelly
J. Halisey and Barbara Kennedy
Richard Diane Lowensohn
Linda Mantel

Marty McCall
Doris Meade and Nick Do
Brad Miller
Kathy Nordquist
Sue Randall
James and Elinore Rogers
Elizabeth Saunders
Nora Semonsen
Douglas M. Smith
Stephen Diane Smith
Frances Storrs
Barbara Jon Stroud
David Carol Wright

Contributions

Founders Circle \$1,000 - \$1500

Anonymous
Steve and MaryPat Hedberg
David Johnson
Michael and Jan Opton
Nels P. and Tory Paine

Founders Circle \$500 - \$999

Anonymous
Michael Brodeur and Ruth Brodeur
Susan Bishop and Hal Lee
Brent and Laura Carreau
Laura and Ken Dobyns
Cynthia and Bruce Ellison
Terry and Debbie Griffin
Jan and Gary Johanns
David and Dixie Johnston
Robin La Baw
Robin Migdol
Julia Rea
Robert Bruce Rule
Juris and Candy Solovjovs
Richard Stiggins and Nancy Bridgeford
Stephanie and Rick Wagner
Louis Weisberg

\$250 - \$499

David and Terri Cohen
Elizabeth and Richard Marantz
Heather and Nate Reagan
Gregory and Karen Samson
Kirsten Sommer

\$100 - \$249

Anonymous (2)
Lola Abrahams
Bob Bard and Barbara Manildi
Janie and Richard Cohen
Bill and Jenny Davies
Paul and Maureen Devore
Eddie Diaz and Gretchen Moline
Shannon and Alberto Diez
Mark and Michelle Dorman
Jamie Ellgen

Arthur and Charlene Emlen
Kathleen Francis
Marta and Donald Furman
Dave and Laury Girt
Beatrice Headlund
Lourdes Irwin
Eliz Irwin
Brad and Lois Kanagy
Molly Keating
Van and Sonja Kollias
Sheila and Ross Lienhart
Victoria McOmie
Richard Pross and Janet Nagele
Phil J Richman
Louise Rosen
Kendra Rothert and Jeffrey Kaye
Ted Ruback and Holly Ruback
Alice Wanke Stephens
Rose Tanz
Marie Valleroy and Alan Locklear
Peter and Eleanor Van Alderwerelt
Mary Vanderlinden
Jeremy Weinstein
Bob Williams and Catherine Degnin
Williams

\$50 - \$99

Mark and Diane Abel
Gerri and David Allen
Gwen Anderson
Roland and Myrna Begin
Linda Bonder and David Garten
Diana and Daryl Boom
Martha Couch and Wallace Clark
John Crabbe and Jeri Janowsky
Eric Dahlin
Deborah Emmerich
Glenn Fenske
Kathy Fieldstad and Tom Grant
Curtis and Mary Finch
Gregory and Janet Fowler
Donna Fowlks
Kathleen Frome
Karen and Steve Kerns
Jean Gale
Linda and Dan Gipe
Patti Grant
Roberta W Hall
Dave and Jan Halsey
Raymond Hayden
Judy Henderson
Charles and Shirley Herick
Nellie and Eric Hester
Harold and Carol Howard
Sandra Jackson
Janice Laird and Larry Miller
Carlos Lewis

Sybil Sumrow Maticich
Kenneth Maupin
Jan and Conrad Moore
Gail Mueller
Susan Newman and Phil Goldsmith
George O. Packwood
Allen and Mary Ellen Pinero
Laura Pridmore-Brown
Nora and Kevin Semonsen
Bill and Kathi Snouffer
Chloa and Malcolm Ulrich
Jeff Wiseman and Mary Thompson
Rachel Witmer
Ray and Anne Worden

Scholarships

\$500 - \$1,000
Anonymous
Duncan and Cindy Campbell

Business/Foundation Contributions

The Cleveland H Dodge Foundation
The Flir Foundation
Leupold and Stevens Foundation
Meyer Memorial Trust
Union Bank Foundation

In Honor of...

Lu Beck; James and Wendy Inkster,
Robert and Cecelia Huntington

Rob and Laurie Wagner's Wedding;

Michael and Catherine Dembrow

Stephanie Wagner;

Lucille Beck
Ronald E Cinniger and Eileen Nolan Kressel; Carmen Cinniger Timberlake and Rufus Timerlake

In Memory of...

Roberta Bella; Eliz Irwin

Helene Bremer; Fred Stokeld

Laura Harris and Thyrsa Pelling; Jon Orloff and Jean Clarice Scholtz, Mary T Peirce, Robert Peirce, Marguerite L Foeller, Michael Hudnall, Linda D Nelson, Joyce B White, Paul Woodland, Richard and Lynne Hoe, Sallie Leach Jackal, Sharon Hawley

Beverly and Morris "Mac" McElwee; Loeta McElwee

Tex and Denise Leach; Sallie Leach Jackal

Bernice Stearns; Rachel Bard, Matthew Somers

Spring Calendar of Events

MARCH

DATE	DAY	TIME	ACTIVITY	TOPIC	NOTES
4	Fri	1:00pm	Story and Stroll	Owl Moon	Pre-registration required. Visit website to register online.
5	Sat	10:00am	Guided Walk	Conifers of the Creek	
5	Sat	4:00pm	Special Event	Owl Fest	Free, Family Event. Hikes assigned on a first come-first serve basis.
10	Thu	6:00pm	For Volunteers	Volunteer Orientation	RSVP to Amy at amy@tryonfriends.org.
11	Fri	1:00pm	Story and Stroll	To Be a Tree	Pre-registration required. Visit website to register online.
12	Sat	9:00am	Stewardship Saturdays	Ivy Pull	Minor forms required. Youth 16 and under must be accompanied by an adult.
12	Sat	10:00am	Guided Walk	Signs of Wildlife	
12	Sat	6:30pm	Scout Program	Boy Scout Coyote Night	For Scouts ages 6-12 with adults, \$5/scout and \$5/adult; no siblings allowed - Pre-registration required.
13	Sun	10:00am	Kids in Nature	Woodpeckers	Ages 4-7 accompanied by an adult . \$10/child (\$9 for members), pre-registration required.
18	Fri	1:00pm	Story and Stroll	Chipmunks	Pre-registration required. Visit website to register online.
19	Sat	10:00am	Guided Walk	Ethnobotany	
21	Mon	9:00am	Spring Day Camp	Oh To Be a Tree!	\$45/child (\$40.50 for members), pre-registration required. For grades 1-3.
22	Tues	9:00am	Spring Day Camp	Bobcats	\$30/child (\$27 for members), pre-registration required. For grades K-1.
23	Wed	9:00am	Spring Day Camp	Out and About: Animal Safari on Sauvie Island	\$65/child (\$58.50 for members), pre-registration required. For grades 2-5.
24	Thu	9:00am	Spring Day Camp	Insects and their Amazing Adaptations	\$45/child (\$40.50 for members), pre-registration required. For grades 1-3.
25	Fri	9:00am	Spring Day Camp	Frogs and Polliwogs	\$30/child (\$27 for members), pre-registration required. For grades K-1.
25	Fri	1:00pm	Story and Stroll	Tracks!	Pre-registration required. Visit website to register online.
26	Sat	10:00am	Guided Walk	Tryon Tour of the Bridges: Part I	2-3 mile walk, 2+ hours long.
26	Sat	9:00am	Stewardship Saturdays	Trail Maintenance	Minor forms required. Youth 16 and under must be accompanied by an adult

APRIL

1	Fri	1:00pm	Story and Stroll	Seed is Sleepy	Pre-registration required. Visit website to register online.
2	Sat	various	Guided Walk	Trillium Hikes	
2	Sat	10:00am	Special Event	Trillium Festival and Native Plant Sale	Free, family Event.
3	Sun	10:00am	Special Event	Trillium Festival and Native Plant Sale	Free, family Event.
8	Fri	1:00pm	Story and Stroll	April Showers	Pre-registration required. Visit website to register online.
9	Sat	10:00am	Guided Walk	Nest Tour	
9	Sat	9:00am	Stewardship Saturdays	Ivy Pull	Minor forms required. Youth 16 and under must be accompanied by an adult.
12	Tues	1:00pm	Preschool Class	Hide and Seek meets on April 12, 19, 26, and May 3	Ages 3-6 accompanied by an adult. \$30 (\$27 for members), pre-registration required.
15	Fri	8:30am	Volunteer Fieldtrip	Whale Watching - Cape Meares State Park	Meet at the Nature Center at 8:30am. Please RSVP to Amy at 503.636.4398.
15	Fri	1:00pm	Story and Stroll	Fantastic Frogs	Pre-registration required. Visit website to register online.
16	Sat	10:00am	Guided Walk	Herp Hike: Amphibians and Snakes!	
17	Sun	10:00am	Kids in Nature	Signs of Spring	Ages 4-7 accompanied by an adult . \$10/child (\$9 for members), pre-registration required.
17	Sun	1:00pm	Adult Workshop	The Nitrogen Cycle	Free program but registration is limited. Pre-registration is encouraged.
22	Fri	10:00am	Special Event	Earth Day Recycle Roundup	Roundup meets in the equestrian parking lot just inside the park entrance.
22	Fri	1:00pm	Story and Stroll	It's Earth Day!	Pre-registration required. Visit website to register online.

Tryon Creek State Natural Area

MAY

DATE	DAY	TIME	ACTIVITY	TOPIC	NOTES
23	Sat	9:00am	Stewardship Saturdays	Trail Maintenance	Minor forms required. Youth 16 and under must be accompanied by an adult.
23	Sat	10:00am	Guided Walk	Signs of Wildlife	
28	Thu	6:00pm	Adult Workshop	Beginning Birding <i>Also meets Sunday, May 1 @ 8:00am</i>	\$6 (\$5 for members) Pre-registration required.
29	Fri	1:00pm	Story and Stroll	Amazing Ants	Pre-registration required. Visit website to register online.
30	Sat	8:30am	Special Event	Watershed Wide Event	Minor forms required. Youth 16 and under must be accompanied by an adult.
30	Sat	10:00am	Guided Walk	Tryon Tour of the Bridges: Part 2	2-3 mile walk, 2+ hours long.
3	Tues	6:00pm	Nature After Hours	Birding Adventures	Free program. No Registration Necessary.
6	Fri	1:00pm	Story and Stroll	Egg is Quiet	Pre-registration required. Visit website to register online.
7	Sat	10:00am	Guided Walk	Plant & Wildflower Walk	
7	Sat	1:00pm	Scout Program	Girl Scouts: Springtime in the Forest	For Scouts ages 6-12 with adults, \$5/scout and \$5/adult; no siblings allowed - Pre-registration required.
8	Sun	10:00am 2:00pm	Family Event	Mother's Day Wildflower Walk	Free program but registration is limited. Pre-registration is encouraged.
10	Tues	1:00pm	Preschool Class	Eggs, Eggs Everywhere <i>meets on May 10, 17, 24 and 31</i>	Ages 3-6 accompanied by an adult. \$30 (\$27 for members), pre-registration required.
13	Fri	1:00pm	Story and Stroll	Unbeatable Beaks	Pre-registration required. Visit website to register online.
14	Sat	9:00am	Stewardship Saturdays & Elinor Levin Garlic Mustard Day	Ivy Pull and Garlic Mustard	Minor forms required. Youth 16 and under must be accompanied by an adult.
14	Sat	10:00am	Guided Walk	Nest Tour	
14	Sat	10:00am	Bird Day Event	Go Wild - Go Birding!	Free, Family Event.
14	Sat	10:00am	Adult Workshop	Creating a Nature Sketchbook	To Register: http://www.pcc.edu/registration/
15	Sun	10:00am	Kids in Nature	Coyotes	Ages 4-7 accompanied by an adult . \$10/child (\$9 for members), pre-registration required.
15	Sun	2:00pm	Family Event	A Celebration of Woodpeckers	Free program but registration is limited. Pre-registration is encouraged.
20	Fri	1:00pm	Story and Stroll	Busy Bees	Pre-registration required. Visit website to register online.
21	Sat	9:00am	Adult Workshop	Landscaping for Conservation	Free program but registration is limited. Pre-registration is encouraged.
21	Sat	10:00am	Guided Walk	Herp Hike: Amphibians & Snakes!	
21	Sat	1:00pm	Family Event	Sustainability Day	Free program. No Registration Necessary.
22	Sun	1:00pm	Adult Workshop	Taxidermy 101	Cost: \$10 (non-member) \$9 (member), This program is free for our Education Volunteers. Pre-registration required.
27	Fri	1:00pm	Story and Stroll	Camp Out!	Pre-registration required. Visit website to register online.
28	Sat	9:00am	Stewardship Saturdays	Ivy Pull	Minor forms required. Youth 16 and under must be accompanied by an adult.
28	Sat	10:00am	Guided Walk	Tryon Tour of the Bridges: Part 3	2-3 mile walk, 2+ hours long.

Also

Mondays	7:00am	Guided Walk	Morning Bird Song Walk	Every Monday in April and May.
Tuesdays	7:30am	Fitness Walking	Tryon Trekkers	Every Tuesday in March, April and May.

FRIENDS OF TRYON CREEK STATE PARK
11321 SW Terwilliger Blvd.
Portland OR 97219

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Moving?

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Visiting the Park

Tryon Creek State Natural Area is a 670 acre day use area approximately 15 minutes from downtown Portland. There are 8 miles of hiking trails and 3.5 miles of horse trails. Pets **on leash** are welcome in the park. Please keep pets (and yourselves) out of the Creek. Although a State Natural Area there is no day use fee.

Directions

The main entrance to the park is along Terwilliger Blvd. east of Barbur Blvd. between the Boones Ferry-Terwilliger fork and State Street (HWY 43). The park is accessible from I-5 at Exit 297.

Hours

Park: 7:00am to Dusk

Nature Center: 9:00am - 4:00pm Every Day

Contact and Address Information

Friends of Tryon Creek State Park

11321 SW Terwilliger Blvd

Portland OR 97202

503.636.4398 • www.tryonfriends.org

State Parks Information: 503.636.9886

