



Trillium Times

PROGRAM GUIDE AND NEWSLETTER OF THE FRIENDS OF TRYON CREEK STATE PARK



Fall 2011

Vol. 38, No. 3

Family Event:

Creatures of the Night
Saturday, October 15th

Citizen Science:

Owls of Tryon Creek
Kick Off Dinner
Monday, November 7th

Kids and Families

- Kids in Nature
- Scout Trail Days
- Family Fun with Worm Bins
- Story and Stroll
- Guided Nature Walks

For Adults

- Special Event: Twilight at Tryon
- Landscaping for Conservation
- Fungi Forest Workshop

Volunteering and Stewardship

- National Public Lands Day
- No Ivy Day
- Volunteer Orientation
- Stewardship Saturdays
- Field Trip for Volunteers:
Silver Falls State Park

www.tryonfriends.org



Director's Corner: Identifying One's Purpose



As we come to the final lap in putting our 3-year strategic plan in place (our board will see and vote on a first draft at their September meeting – look to our winter Trillium Times for a full report) we can now reflect on that process and make some initial efforts to assess what we've learned. One thing that has come up for us as an issue is the way the Friends have described the work we do. A few years ago, we revamped our mission statement in an attempt to clarify our identity and lay out for the public a simpler way of sharing who the Friends are and what we offered the community. It was our thinking at the time that the important information that needed to get out there was clarity pertaining to those offerings – those exact efforts for which we feel we can be most proud and have built upon to develop a lasting legacy.

What we've now realized is that by doing that we were just describing the “what” and not the “why.” Yes we deliver top-notch environmental education programs, and yes, we are committed to removing invasive species so the forest is healthier. But it is clarifying the “why” that we now realize is key to having people fully connect with our mission and identify with the Friends as an organization. Why environmental education and why a healthy forest – is it just because we feel that a healthy forest is better than one that is troubled? Is it that we want children to be scientifically literate? And why here, at Tryon Creek State Natural Area?

Many organizations offer these opportunities and programs, and they are all good, needed institutions that deserve support and nurturing. So then the question – what separates us out? Why should I care about the Friends of Tryon Creek? I feel that the more clearly we can explain the “why” of what we do, the personal connection that reinforces your interest in the Friends and our work will become apparent. And what I am hoping follows will be a deeper commitment to support us.

In September, we will unveil some new language that will better delineate this notion of “why” we do the work we do and hopefully you will see a true alignment with your own values and priorities. We are excited to be closer to that moment and for all the support you have given us today - past, present and future.

David Cohen
Executive Director

Who are the Friends of Tryon Creek State Park?

The Friends of Tryon Creek State Park, in collaboration with Oregon State Parks, strive to provide world-class interpretive and educational experiences to visitors of the park; act as a natural history resource to families, teachers and students throughout the Portland Metro-region; enrich the health of visitors of all ages by maintaining trails for walkers and horseback-riders; and are a leader and partner in the protection, restoration and conservation of this park and the watershed it resides within.

Mission

To conserve and enhance the natural resources, and promote the educational, interpretive and recreational programs of Tryon Creek State Natural Area.

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Linda Koser, Field Trip Coordinator
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Sandi Tester, Administrative Assistant
Casey Newman, Day Camp Director
Corrina Chase, Watershed Coordinator
Elisa Ford, Membership Coordinator
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Friends of Tryon Creek programs are supported by

- City of Lake Oswego
- Gray Family Foundation of the Oregon Community Foundation
- Herbert A. Templeton Foundation
- Jackson Foundation
- Juan Young Trust
- Meyer Memorial Trust
- Oregon Community Foundation
- Patagonia
- Pacific Power Foundation
- Portland State University
- REI
- Union Bank Foundation

Creatures of the Night

NIGHT HIKES, NOCTURNAL ACTIVITIES, AMAZING ANIMALS

Saturday, October 15, 2011

6:30 - 8:30pm



This is a family friendly event, but we'll also have a hike just for adults at 7:30. \$6/person (non-member), \$5/person (member). Pre-registration required. See page 6 for details and registration

Citizen Science Owls of Tryon Creek

Kick Off Dinner

Monday, November 7th, 2011

6:00 - 8:00pm

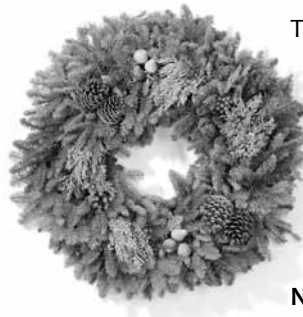
The Friends will be hosting a kick off dinner and information session for our upcoming citizen science project.

Please see page 7 for details and registration information.



SAVE THE DATE

2011 Holiday Wreath Sale
and popular Forest Market



The Friends are gearing up for another great year of Holiday Wreath Sales at Tryon Creek. The wreaths will be available for pick up at the **Forest Market Event on December 3rd and 4th, 2011.**

The Deadline for orders is November 18th, 2011.

The Friends will again be providing boxes for purchase should you want to mail a wreath this year. **Keep an eye out for your wreath order form in the mail this October!**

The Holiday Market will provide a perfect opportunity to do some holiday shopping and support an organization you care about as we once again bring back some of your favorite vendors and introduce some new ones.

A percentage of wreath and craft sales goes to the Friends and supports our many educational and restoration programs.

Tryon Creek News and Updates

FUN WITH NATURE DAY CAMP



Camp Counselor Richard Diffenderfer with this year's campers

We had a great summer at Nature Day Camp 2011! We had over 750 enthusiastic and curious campers join us over the 9 weeks of summer camp. Campers aged 4 – 13 explored the trails, learned about the plants and animals in the park, tested the water quality of Tryon Creek, built forts in the meadow and played a lot of fun games. We had a great staff of instructors, several returning for their second (or 11th!) year who created a great camp atmosphere filled with fun and learning.

We changed some of our camp themes this summer and all were well-received. During Ecology Sleuths weeks campers designed research projects and conducted experiments while at camp. The inquisitive campers had a great time discovering answers to their questions. One week some campers chose to determine if slugs are faster than snails (results were inconclusive), while others compared tree density along the trail to that in the meadow. Adventure campers got to explore Portland and beyond. They discovered how Tryon Creek State Natural Area fits into the bigger picture while canoeing in the Columbia Slough, learning to track animals at Oxbow Park, hiking on Mt. Hood and camping out at the coast. Of course, all our campers spent plenty of time exploring the trails here at the park!

We were sad to see the campers go but welcome them back for Winter and Spring Day Camps and, of course, next summer!

Casey Newman, Day Camp Director

FRIENDS STAFF MOVES ON AND WELCOMES NEW FACES



Education Director Matthew Collins & Volunteer Coordinator Sarah Kreisman

This summer we have seen a number of staff changes at Tryon Creek – proving that the only constant in our lives is change. Having said goodbye to long time Education Director **Stephanie Wagner** in July means that for the first time in a few decades we will not have her voice and ideas guiding the shape and direction of our programs on a daily basis (Stephanie will remain a member of our Education Committee, though, and continue her work leading our teacher workshop program). But she has built such a strong foundation for those educational programs that we are confident that we can move them forward in her absence. New

Education Director **Matthew Collins**, after nearly two years of shadowing Stephanie, understands our program and is fully aligned with our goals and objectives. His full-time energy and creativity will be a great addition.

And in July we said goodbye to **Amy Hoffman**, our stalwart Volunteer Coordinator, who is off to start a new chapter in her life. Amy built some amazing relationships with our many core volunteers and was able to take our volunteer program to new heights. She has left her stamp on so many things here and her accomplishments were many. Her energy and love for Tryon Creek will be sorely missed. We are proud, though, to announce the hiring of **Sarah Kreisman**, a FOTC volunteer herself who is a trained Nature Guide and who has already been assisting us with a range of programs and events. She brings great organizational skills and love for people with her to this role from her years with the Girl Scouts. We look forward to introducing Sarah to our broader family and allowing her to continue to develop what is one of the most important aspects of the Friends – our bridge to community volunteers.

In addition, we are also saying goodbye to members of our extended OPRD team – Rangers **Ryan** and **Karen Houston** are moving on after many years working at Tryon and serving both the public and supporting the Friends. Their commitment to this park was huge and their friendship and support will be missed.

And yet one more change to mention – **Sean Tevlin**, Coordinator for the Tryon Creek Watershed Council is moving on after two plus years in his role guiding the work of this important partner. In his place will be **Corrina Chase** who we are excited to get to know and will be a vital in assisting us in continuing to build on this important collaborative effort.

David Cohen, Executive Director

CITIZEN SCIENCE PROJECT

Do you have an ear for owls? Do you enjoy exploring the forest at night? The Friends are looking for owl detectives to help us discover where Tryon's owls are nesting. This past year we were able to follow a pair of Great Horned Owls and a trio of Barred Owls as they courted and raised their young. This was an incredible experience for everyone who witnessed these amazing creatures. However, if we want to continue providing these experiences we're going to need some help.

Beginning in November the Friends will be piloting a citizen science project devoted to the owls of Tryon Creek. This project will occur every other Monday until the end of March. Citizen science projects are growing in popularity across the country as they represent a unique combination of volunteerism and continuing education. In this project volunteers will enable the Friends and Oregon Parks and Recreation Department to find the Great Horned Owls, Barred owls, and other species that call Tryon home. Concurrently, volunteers will learn a great deal about these owls as the Friends provide a series of owl lessons and participants gain hands-on experience in ecological monitoring. Join a growing contingent of people across the country who are having fun and learning all while providing field work that couldn't be completed without their help.

For more information on the project and to attend our Kick-off dinner, please see page 7.

Matthew Collins, Education Director

WATERSHED COUNCIL STREAM MONITORING PROJECT



The Friends of Tryon Creek, with partners the Tryon Creek Watershed Council, U.S. Fish and Wildlife and Oregon Parks and Recreation Department have developed the Community Stream Monitoring Project which provides an opportunity for residents to support, steward and track the health of our watershed in the most efficient and productive way possible. Data collected will help us do a better job evaluating changes in the creek and assisting us with making strategic decisions on its continued health.

Project participants will be trained in habitat monitoring techniques by U.S. Fish & Wildlife and the Tryon Creek Watershed Council. Those volunteering for this program will also have a chance to sign up to be part of future fish counts. This is an excellent opportunity for interested members of the public to get an up-close and personal look at one of our region's critical watersheds while working on solutions to promote stream and habitat health.

Future training sessions for the project will be scheduled over the coming months at Tryon Creek State Natural Area. Volunteers are still needed so if you are interested in participating, please contact Corrina at tcwc@tryonfriends.org.

Jessica Sweeney, Media/Public Relations Coordinator

CREATURES OF THE NIGHT

We all know the experience of walking through the dark; not quite being able to see everything and imagining that creatures are around us... possibly dangerous ones with large teeth and a taste for humans. For the creatures of the dark that inhabit Tryon, however, nothing could be further from the truth. For them the world of the dark, or nocturnal world, is one of survival. Tryon's nocturnal creatures have many amazing adaptations that enable them to hunt, avoid predators, and find shelter in the dark. Through opening our senses to these wonders of the evening we can begin to experience our own world in fresh ways and learn a great many valuable and intriguing lessons. It is with this in mind that we have adapted our traditional fall program, "Spooky Night Hike" to "Creatures of the Night" where instead of focusing on the forest as a scary and intimidating place, we will seek to inspire children and adults alike to see the nighttime forest as a place for adventures, experiences and amazing lessons about the natural world.

Please join us on **October 15th** for the first ever "Creatures of the Night" as we explore the world of vision and seeing in the dark. It will promise to be an exciting evening event for the whole family.

Matthew Collins, Education Director

Want to help the Friends? If you've got some of these items around that are surplus and un-needed, maybe they can find a home with us. Here are some things we can use in the office:

- Small desk (no bigger than about 48" x 30")
- Office desk chairs
- Computer stations with monitors
- Laptop
- Misc. office supplies

Every little bit helps. Thanks for thinking of the Friends.



TRYON CREEK WATERSHED COUNCIL ACTIVITIES THIS FALL

Tryon Creek Watershed Council is proud of a busy Summer and Spring where volunteers and landowners donated thousands of hours of their time to remove several acres of invasive plants, and plant nearly 7,000 native trees and shrubs in streamside areas. While the past few months have been busy, we eagerly anticipate an even busier Fall!

Here are some highlights coming this Fall

Saturday, Oct. 8th - Annual Native Plant Sale

9:30 AM – 1:30 PM

SW Community Center at Gabriel Park
(SW 45th and SW Vermont St)

Check out our great selection of native plants at great prices! Get expert advice on all your planting needs and help Tryon Creek at the same time. All proceeds benefit the restoration of the Tryon Creek watershed.

Thursday, Oct. 20th – Endangered Salmon Brew

Fundraiser: 5 – 7 PM: Rock Bottom Brewery in downtown Portland (SW 2nd and Morrison) – Join the Watershed Council to enjoy the tapping of the specially made Endangered Salmon Brew. All pints are only \$2 from 5-7 PM and all proceeds benefit endangered salmon recovery in Tryon Creek. Bring your friends, family, co-workers, neighbors, and enjoy!

Saturday, Nov. 5th – Tryon Creek watershed tour

10 AM – 1 PM

Meet at the Tryon Creek State Park Nature Center (*bring your own transportation, RSVP required*). Ever wondered what Tryon Creek is like outside the State Park? Join local experts as we tour some of the best spots the Tryon Creek watershed has to offer, inside and outside Tryon Creek State Park, and learn what's being done to protect and restore this precious resource. **RSVP to tcwc@tryonfriends.org**

Live on a stream in the Tryon Creek watershed?

Want help restoring your property? Free native plants and consultation are available! We are once again offering free consultation and native plants for those who qualify to property owners wishing to improve streamside habitat on their property. Take advantage of this great offer to get started on that overgrown yard. **Contact the Tryon Creek Restoration Mentor Program at tcwc@tryonfriends.org or 503.636.4398, Ext. 121 to schedule a free site visit.**

Fall Events and Activities



KIDS IN NATURE TUESDAYS: AUTUMN WONDERS

*Tuesdays,
September 13, 20, 27, & October 4
1:00 - 2:00pm*

Learn the secrets of how leaves change through experiments; observe the forest's transition from summer to fall up close during our walks; and investigate how animals prepare for winter.

Ages 3-7 with parent/guardian.
\$35/child (\$31.50/child for members)

Fee covers one adult and one child.
Pre-registration required.

ADULT PROGRAM: TRYON AT TWILIGHT

*Friday, September 16
6:00 - 9:00pm*

Explore the Autumnal Equinox sunset a week early with Tryon Creek Naturalists. Twilight is a great time to sharpen your awareness skills because it is an important time of transition when some animals become quiet and others become active. We'll meet at the Nature Center and walk to the Riparian Forest where we will observe the changes as day becomes night. Be sure to bring something to sit on the ground comfortably for 45 minutes, mosquito repellent, a notebook and a pencil. We will be outside rain or shine, so please dress for the weather. Following our time outside we'll come back for some socializing while the Friends provide soup, salad, bread and something sweet to make this evening a real treat!

\$10 (non-member); \$9 (member)
Pre-registration required.

KIDS IN NATURE SUNDAYS: SENSATIONAL SALAMANDERS

*Sunday, September 18
10:00 - 11:30am*

Spend the morning as a herpetologist – explore the park and learn about the salamanders that call Tryon Creek home. We will check out pit traps, observe salamanders and learn about these secretive creatures.

For children ages 3 – 7 accompanied by an adult
\$10/child (non-member); \$9/child (member)
Fee covers one adult and one child.
Pre-registration required.

LANDSCAPING FOR CONSERVATION: LET NATURE WORK FOR YOU

*Sunday, September 18
1:00 - 4:00pm*

Save time, save money and help out the environment by letting nature do your gardening. Join Education Director Matthew Collins for a Landscaping for Conservation workshop and learn how your garden can function more like the natural system surrounding us. You will learn about your garden from the ground up – starting with the soil and its complex role supporting plants. You will also learn about gardening with native plants which use less water and don't require expensive fertilizers and pesticides.

This is a free program but enrollment is limited, pre-registration is required.



SCOUT TRAIL DAY: RASCALLY RACCOONS

*Saturday, October 1
6:30 - 8:30pm*

Scouts ages 6-12 (Brownies, Junior Girl Scouts, Cub Scouts, Webelos, Boy Scouts, and Camp Fire kids) along with their adult leaders will have the opportunity to walk along a one mile trail through the forest, stopping and learning about raccoons. You have probably seen them prowl through the woods, along stream banks, through fields and even your own back yard—but what do you really know about them? What makes them so adaptable to both the forest and the neighborhoods we live in? Join us as we learn more about these secretive animals.

For scouts 6-12 years old.
\$5 per scout & \$5 per adult.

No siblings allowed. Pre-registration required.
You will be assigned a check-in time after you have registered.

KIDS IN NATURE TUESDAYS: DIRT

*Tuesdays,
October 11, 18, 25, & November 1
1:00 - 2:00pm*

Let's dig in the dirt and learn what it is made of! What roles do worms, moles and mushrooms play in making healthy dirt?

Ages 3-7 with parent/guardian.
\$35/child (\$31.50/child for members)

Fee covers one adult and one child.
Pre-registration required.

CREATURES OF THE NIGHT

*Saturday, October 15
6:30 - 8:30pm*

Join the Friends of Tryon Creek for an exciting evening of night hikes (hike times will be assigned when you check in) and nocturnal activities as we explore the park for creatures of the night. Along the way we'll stop for fun, hands on activities as we learn all about these amazing creatures and the adaptations they have developed for seeing in the dark. This is a family friendly event, but we'll also have a hike just for adults at 7:30.

\$6/person (\$5/person for members)
Fee does not include parents/guardians.
Both children and adults must register.
Pre-registration required.

Register online at www.tryonfriends.org or call us at 503.636.4398.

e events **f** family program **k** for children **a** adult programming

K KIDS IN NATURE SUNDAYS: SPIDER EXTRAVAGANZA

Sunday, October 16

10:00 - 11:30am

Join the friends of Tryon Creek to learn about spiders, explore the park to find unusual spider homes, make a giant web and hold a real tarantula. Have a great time learning to appreciate these amazing creatures.

For children ages 3 – 7 accompanied by an adult \$10/child (non-member); \$9/child (member)

Fee covers one adult and one child.

Pre-registration required.

L LANDSCAPING FOR CONSERVATION: LET NATURE WORK FOR YOU

Sunday, October 16

1:00 – 4:00pm

Save time, save money and help out the environment by letting nature do your gardening. Join Education Director Matthew Collins for a Landscaping for Conservation workshop and learn how your garden can function more like the natural system surrounding us. You will learn about your garden from the ground up – starting with the soil and its complex role supporting plants. You will also learn about gardening with native plants which use less water and don't require expensive fertilizers and pesticides.

This is a free program but enrollment is limited, pre-registration is required.



F FAMILY FUN WITH WORM BINS Sunday, November 6

2:00 – 4:00pm

Join the Friends for an afternoon of creepy-crawly fun at the park. Discover worms in their natural habitat and see first-hand how truly invaluable these invertebrates are to the park's ecosystem. We'll then venture inside as we get to work making our own worm bins for our entire household composting needs. This is a family friendly program that will focus on engaging children throughout the whole process while concurrently providing parents with all the worm-bin information they'll ever need!

Program Cost: \$20 Fee includes materials for worm bin and covers one family.

Pre-registration required.

C CITIZEN SCIENCE – OWLS OF TRYON CREEK KICK OFF DINNER Monday, November 7

6:00 - 8:00pm

The Friends will be hosting a kick off dinner and information session for our upcoming citizen science project.

This is a free program but enrollment is limited, pre-registration is required.

Join the Friends of Tryon Creek for an engaging citizen science project devoted to the owls of Tryon Creek. Beginning in November, we'll meet every other Monday as we attempt to discover where Tryon's owl species are nesting. At the onset of the program we'll spend some extra time indoors as we learn more about Tryon's owls. As we continue with our surveying, we'll focus on plotting bird locations as we attempt to uncover owl territories and improve our understanding of the specific habitat needs of Tryon's owls.

Note: Although consistent attendance is certainly beneficial, it is not a requirement. We encourage participation from everyone interested to better understand the owls of Tryon Creek and improve our knowledge of these amazing creatures.

Scheduled Dates

(times vary depending on available daylight)

4-6:30 PM: November 21st, December 5th,
December 19th, January 2nd, & January 16th

4:30-7:00 PM: January 30th

5:00-7:30 PM: February 13th & February 27th

6:30-9:00 PM: March 12th

7:00-9:30 PM: March 26th

F FUNGI FOREST – MYCOLOGICAL MARVELS OF TRYON CREEK STATE PARK

Sunday, November 13

1:00 – 4:00pm

Join mushroom expert Dane Osis to learn the basics of mushroom identification and ecology. This program will provide an introduction to the important ecological role that fungi fill as well as helpful tricks and tips for identifying Pacific Northwest Mushrooms. We'll then hit the trail to discover what species live in Tryon Creek State Natural Area. This is a free program but enrollment is limited, pre-registration is required.

K KIDS IN NATURE SUNDAYS: FALL FRENZY

Sunday, November 20

10:00 - 11:30am

As the days get shorter and colder animals and plants prepare for winter. Explore the park to see all the activity that's happening in preparation for these challenging months.

For children ages 3 – 7 accompanied by an adult \$10/child (non-member); \$9/child (member)

Fee covers one adult and one child.

Pre-registration required.



Register online at www.tryonfriends.org or call us at 503.636.4398.

K events **F** family program **C** for children **A** adult programming

Volunteer News & Activities

HELLO FROM YOUR NEW VOLUNTEER & OUTREACH COORDINATOR!



Hello wonderful people of the Tryon Creek community! My name is Sarah Kreisman, and I am thrilled to now be serving you on our team at the Friends! A bit about myself... I graduated with a degree in International Studies from the University of Oregon in 2002. I spent three years serving in the Peace Corps in Panama after that, followed by three years working as a volunteer manager for the Girl Scouts of Oregon & SW Washington. I have been working with volunteers for the past four years, and I love it. I honor you for the time and energy that you give back to your

community in order to preserve and improve it. Volunteerism is a value of mine as well and I enjoyed being a Nature Guide here at the park alongside many of you. I come to you with an open mind and heart, so please do not hesitate to contact me with your questions, concerns, or just to get to know me better!

NATURE GUIDE TRAINING

Do you like working with children? Do you like the forest? Would you like to learn more about the plants and animals here at Tryon Creek? Are you interested in how Native Americans used our local plants for food, medicine, tools, and shelter? Become an FOTC Nature Guide! We will provide you with the knowledge you need so that you can share it with small groups of children and adults who visit the park during school field trips.

Prospective Nature Guides have two options for attending an Orientation. **The evening option takes place on Wednesday, September 14th, 6-9pm and the morning option takes place on Thursday, September 15th, 9am-12pm.** Meet here at the Nature Center and dress to hike.

For a volunteer Nature Guide job description and answers to your questions please contact Linda Koser, Education Coordinator at (503) 636-4398 or linda@tryonfriends.org. Four more training sessions will follow.

STEWARDSHIP GUIDES

Do you enjoy working outside, eliminating invasive species, and helping to keep Tryon Creek State Natural Area diverse and healthy? Are you comfortable in a leadership role? Then we have the volunteer job for you! The Friends are currently recruiting for Stewardship Guides that can help us accommodate our group ivy pulls and stewardship projects.

Every month we receive many requests from schools, businesses, faith-based organizations and other community groups asking us to host a project here at the park. These valuable, organized groups make a huge contribution to our conservation goals and we need YOU to help us meet these needs. Stewardship Guides will be trained by our most experienced volunteers who understand the needs of the forest and who will gladly share their wisdom with you.

Please contact Sarah Kreisman at 503-636-4398 or sarah@tryonfriends.org to learn more about this leadership role.

NATIONAL PUBLIC LANDS DAY



*Saturday, September 24
9:00 - Noon*

Breakfast will be provided

National Public Lands Day is the largest volunteer hands-on activity of its kind in the nation. Held the last Saturday in September each year, the event brings together thousands of individual and organizational volunteers to refurbish and restore the country's public lands.

Please check the description for Stewardship Saturdays: Ivy Pull for activities at Tryon Creek. For more details on National Public Lands Day visit www.publiclandsday.org.

VOLUNTEER ORIENTATION

Wednesday, October 12

7:00 - 8:30pm

Everyone is invited to our volunteer orientation! Whether you are a brand new volunteer or have been helping out for years but still have questions—this orientation is for you. We will discuss a bit of park history, our mission and goals, our special relationship with Oregon Parks and Recreation Department, our Watershed Council, our programs, our volunteer opportunities, and answer any questions that you may have.

R.S.V.P. to Sarah Kreisman at 503-636-4398 or sarah@tryonfriends.org

NO IVY DAY

Saturday, October 22

9:00 - Noon

Help the Friends of Tryon Creek State Natural Area remove our favorite invasive enemy on "No Ivy Day", October 22nd from 9 to noon. When ivy climbs trees, it not only flowers and spreads its seeds but the weight of the ivy can eventually pull those trees down, destroying entire tracts of forest. Come help us stop this invader of the woods!

Want to Get Involved? Contact: Sarah Kreisman at 503-636-4398 or sarah@tryonfriends.org.

Volunteer News & Activities

STEWARDSHIP SATURDAYS

2nd and 4th Saturdays
9:00 - Noon



Pull together to remove invasive English ivy and protect our forest. Ivy competes with our native plants, takes over the forest floor and ruins precious habitat. Fourth Saturdays may be focused on trail maintenance depending on weather conditions.

Pre-registration is not required. Gloves and a light snack provided, but please bring your own water bottle and do dress for the weather as we work rain or shine.

Groups of 5 or more - Please contact Sarah Kreisman at sarah@tryonfriends.org

NOTE TO PARENTS/GUARDIANS: All minors MUST be checked in at the Nature Center, and minors 14 and under MUST be accompanied by an adult.

Dates

- September 10th
- September 24th – National Public Lands Day
- October 8th
- October 22nd – No Ivy Day & Trail Maintenance
- November 12th
- November 26th

Volunteer Field Trip and Luncheon: Silver Falls State Park

Friday, Sept 16, 2011

I am excited to share the news about our upcoming volunteer appreciation trip! We are going to take a journey down south to gorgeous Silver Falls State Park. Departing from the Nature Center at 8:00am, we will spend the morning in a guided tour of the park with one of their awesome rangers, have a delicious catered lunch at the lodge, and spend the afternoon exploring the area as we please.

Please bring your own water bottle and snacks. Also throw in warm layers, a raincoat, and your binoculars. I'm looking forward to spending a great day with you all!

R.S.V.P. to Sarah Kreisman at 503-636-4398 or sarah@tryonfriends.org by September 2nd if possible (The concessionaire is asking for advanced notice for meal preparation). Please let me know if you are willing to drive and if you have any dietary restrictions.

For more information on the park check out: http://www.oregonstateparks.org/park_211.php



VOLUNTEER COMMITTEE



so that we are better positioned to advance strategically. We are looking for folks who are interested in how this program will grow and change, and who enjoy critical thinking and brainstorming.

Our first meeting will be held on Tuesday, Sept. 20th at 7pm here in the Nature Center. This meeting will serve as a chance to discuss the opportunities and challenges of the program and decide collectively how the group will function moving forward.

This is an exciting time to get involved in shaping the structure of this program, please contact Sarah at sarah@tryonfriends.org or 503-636-4398 if you would like to know more or would like to participate!

As I'm sure you are aware, volunteers are an incredibly vital part of the life of the Friends of Tryon Creek and the park itself. Volunteers guide visitors in the park, welcome them in the Nature Center, run the store, work events, remove invasive species from the park and much more. As a result of this important relationship, we at the Friends feel that it is imperative that we run a volunteer program that is the most thoughtful, well-organized, and well-planned entity that we can make it.

While I have many ideas of what this program could be I would love your input about how we could reshape our Volunteer Committee

Want to Get Involved? Contact: Sarah Kreisman at 503-636-4398 or sarah@tryonfriends.org.

Volunteers Make it Happen

Summer 2011



Forest Music Opening Night

They pulled Ivy for more than three hours. What an awesome example of the greater community pulling together to help protect and conserve nature.

We are coming to a close with our successful Summer Day Camp



The enthusiasm of one of our Assistant Counselors

series, and we couldn't have done it without the support of our 38 volunteer Assistant Counselors. These high school-aged superstars commit to an average of two weeks, 5-7 hours daily of taking good care of our little campers. Our Day Camps are a great opportunity for youth to have fun with nature and make a connection with it that will last a lifetime. Our counselors couldn't pull this off without their assistants. Thank you so much!

Our stream monitoring project started off with a bang with sixty volunteers from the community stepping up to

help out. Tryon Creek called to the community to ask it for help and boy what a response! Thanks to all of these volunteers we will have the ability to learn more about why salmon and steelhead aren't traveling through our creek and figure out what we can do to change that.



Nancy Laughland (left) dancing at our summer volunteer party.

A huge round of applause to **Jim Squires** for all of his efforts in organizing the successful **Forest Music Series!** We also couldn't have done this without the help of many other volunteers who stepped up to help out with parking and set-up. The series was a total success and a joy for the greater Portland community. Well done!

Phil Hamilton, our stewardship master of 16 years led a successful work party in partnership with SOLV and volunteers from **Moss Adams**.



Phil Hamilton (left) with work party.

Our stream monitoring project started off with a bang with sixty volunteers from the community stepping up to



A good start to our Stream Monitoring Project

We had a fantastically fun volunteer party this summer, a great turn-out and some live entertainment.

Nancy Laughland of Oregon Parks & Rec. Dept. in a dynamic duo with her husband **Bob** got everyone up and shakin' it by teaching us all sorts of fun line dances. Thanks Nancy and Bob for bringing your talent to the park - we had a blast!

STEPPING UP TO SUPPORT THE FRIENDS



Teacher Development is an important component of the work we do here at Tryon Creek.

The Friends have much to be thankful for this summer – most importantly is our gratitude for the ongoing and new support we have received from our many stakeholders. A quick mention of some key gifts: the Friends once again received a major grant (\$10,750) from the **Gray Family Fund of the Oregon Community Foundation** to support another year of teacher workshops, helping us to solidify and expand this important program. **John Gray** personally made a significant contribution to the Friends – we cannot say enough about all he has done for the organization over the years and for his ongoing commitment to environmental education. And once again **Jeff Rogers** and **Kathryn Beaumont** made a significant contribution from their personal foundation to continue support for children’s scholarships. This makes a huge difference in creating greater access to our programs for so many who would otherwise not have been able to participate.

Others who have stepped up with gifts that put them in our Founders’ Circle Group: **Arthur Armour, John & Martha Bryan, Emily DeCarlo, Jim Epskamp, Fred & Sara Harwin, Jim & Ann Johnston, Ned & Marcie Kirschbaum, Nancie McGraw, Douglas & Kathleen Verigin, Stephanie & Rick Wagner and Ken & Patty Wightman**. Supporting the Friends as a Founders’ Circle member is so important to sustaining our many programs. These individuals set a wonderful example of caring for the community and supporting causes that they believe in. Special thanks to this group.

In addition we had some others step up to support us during this last quarter. REI provided significant sponsorship support for last spring’s Trillium Festival and **Waggener Edstrom Worldwide** renewed their business membership and continue to support us in so many ways.

Also worth noting and thanking are the many members and friends who gave additional gifts during our Spring Appeal to raise money for our education programs and scholarships. Monies raised from this effort totaled \$7,605. And, we brought in over \$3,000 for those same programs at our fundraiser at Stephanie’s Farewell Event thanks to a \$1,500 gift from the Friends’ **Board of Directors**. Once again, thanks to everyone who gave for those two efforts.

Contributions from April 16th – July 15th, 2011

Please let us know if you have inadvertently been left off this list.
Recent contributions will be noted in our next newsletter.

Spring Appeal Founders Circle \$500 and Above

Arthur Armour
Jim & Ann Johnston
Ned & Marcie Kirschbaum
Nancie McGraw
Ken & Patty Wightman

\$250 - \$499

Joseph Savage

\$100-249

Anonymous (2)
Marcia Gartrell
Keith & Doris Henson
Nellie & Eric Hester
Mike O'Brien
Oswego Garden Club
Sue Randall
Pat Rau
Jean Rittenour
Mary & Steve Schroder
Linda McNulty & Matthew Simpson
Muriel Sillian
Barbara & Robert Yeager

\$50 - \$99

Ernest & Sarah Chaplen
Marvin Clifford
Cynthia & Christopher Cunningham
Marilynne Eichinger
Ms. Jamie M. Ellgen
Ellen Farr
Sondra Gleason & James Kronenberg
Robert & Paula Hamm
Jody Harper
Jan Jacobsen
John Keller
James & Anne Mitchell
Bee & Quent Neufeld
Barry Oken & Melanie Fried-Oken
Richard & Shirley Spooner

Ray Stangeland & Coni Lloyd
Frances J. Storrs
D.M. & M.E. Whiteford
Michael Silberbach & Paula Welshons

Contributions

\$5,000 - \$7,500
John Gray

\$1,000 - \$2000

Emily DeCarlo

Founders Circle \$500 - \$999

John & Martha Bryan
Kim Epskamp
Fred & Sara Harwin
Douglas & Kathleen Verigin
Stephanie & Rick Wagner

\$250 - \$499

Joan Baldwin
Mrs. H. Stanley Bennett
Molly Keating
Phil Richman

\$100-\$249

Linda & Ron Borkan
Dr. Michael and Ruth Brodeur
David Dunning
Marjorie Dykeman
The Henningsen Family
Anne Jaqua
Diana Richardson & Stephen Kain
Karen Kwong & Martin Schreiber
Steve & Carol Lidberg
Tracy Lucas & Mark Oronzio
Mary Narey
Steve & Melissa Peterman
Diane Pierce
Mary Lou Strong
Dee & George Toepfer
Robert & Ellen Currey-Wilson
Barbara & Robert Yeager

\$50 - \$99

Bernadine Bonn
Gary & Maureen Brown
Elizabeth Carnes
June Cameron
Ernest & Sarah Chaplen
John Earle
Becky & Clarence Hein
Monica Honegger
Deanne Hulden
Tony & Sarah Johnson
Leonard Kuhl
Jesse Lea
Alan & Joan Lippman
Richard & Diane Lowensohn
Terry & Henry Morse
Sheila Ford Richmond
Anthony Romero & Lee Salsburg
Wu-Shaun Shih
Virginia Swaren
Michael and Lisa Waddick
Sue Walden
Kathy Weeks
Beth & Daniel Welton-Miller
Margaret Wilson

Scholarships

\$4,000 - \$4,999
Kathryn Beaumont and Jeff Rogers

\$250 - \$499

Deborah Downs

Business Contributions

\$1,000 - \$1,999
REI

\$500 - \$599

Waggener Edstrom Worldwide

Grants

\$10,000-\$10,999
Gray Family Fund

In Honor of...

Stephanie Wagner: Carl & Patty Axelsen, Robert & Joanne Balkovic, Lucille Beck, Barbara & Peter Browning, Dave & Debbie Craig, Judy Danner, Dean & Joan DeChaine, Laura & Ken Dobyns, Cindy & Bruce Ellison, Terry & Debbie Griffin, Doug & Sharon Hawley, Jan L. & Gary E. Johanns, David & Dixie Johnston, Sybil Schantz Kelley, Alan Krassowski and Rhonda Piasecki, Ramona Svendgard & Jeff Lang, Bob & Susan Leeb, Linda Hill & David Lowell, Greg Macpherson, Bill & Mary North, Michael & Jan Opton, Gary & Toni Pagenstecher, Diane Pierce, Vonda Purdy-Myers, Heather and Nate Reagan, Patrick Rowe, Phil Richman, John & Jane Salmon, Lynda & Elliott Troutman, Audrey Sherman & Darren Weirnick, Robert Wagner, Laurie Cremona Wagner and other anonymous donations.

In Memory of...

Lorraine Popma: Richard and Wilma Bailey, Joyce Beals, Illene Hayes, Joanne and Richard Kaegi, John N Kaegi, Harlan Luck, Elizabeth Newton, Phyllis and William Phillips

Gene Stark: Patricia Prado

Oregon State Parks News and Programs at Tryon Creek

Park Manager's Corner: Delicate Balance



With the Oregon State Parks planning effort underway, the question of how many people the park can sustain daily has come up on several occasions. This question naturally arises when thinking about parking lot size, outreach opportunities in the metropolitan area, the possibility of working with TriMet to make the park more accessible, and how to juggle the various events, summer camps and programs while having a place for all people

to enjoy peaceful walks, ride horses or pursue their fitness training. All this within the context of a State Natural Area so designated to protect a high quality native ecosystem and provide educational opportunities and scientific research. Natural Areas such as Tryon provide a relatively undisturbed setting in which to study native ecosystems and species which in turn can inform land use and management decisions throughout the region.

The importance of protected natural areas both ecologically and as a place for us humans to enjoy and investigate is without dispute in this day and age. The debate arises over the amount to protect and what protection means to all involved. Here at Tryon we have 667 acres encompassing the lower portion of the Tryon Creek Watershed. Surrounded by urban settlement, this Natural Area serves vital ecological services such as runoff absorption and retention, habitat for wildlife and native flora, and again, a retreat destination for the community. One of the ways to assess whether the human impact is detrimental to the park is through general observations by long-term visitors, staff and volunteers. While anecdotal, these observations are crucial to informing how things change over time and what areas need further control or even exclusion.

Another tool of assessment is through the scientific monitoring that is ongoing. One component of this is the recently started Community Based Monitoring Program headed up by the Tryon Creek Watershed Council. This will provide data on water quality, fish populations, and the overall stream condition. In addition to these methodologies, a survey of "Day Use Experiences and Perceptions at Tryon Creek State Natural Area" has been conducted over this summer. This survey has several questions related to the quality of the visitor's experiences, how they felt about the natural environment, whether they felt it was too crowded, and additional questions regarding park qualities.

As human development continues to expand, places like Tryon take on the stature of sanctuary to many of us, often referred to as sacred. The modern predicament we face with many such places is the possibility of loving it to death. Regardless of scale, all locales struggle with this, whether Antarctica, the greater Yellowstone ecosystem, or our beloved Tryon Creek. The best approach to reach the optimum balance seems to be one where an engaging environment is pursued, locally and regionally, so that all stakeholders involved in natural area conservation and parks recreation recognize the value of the issue and are prepared to engage around it. Look for opportunities to do so through the Oregon State Parks planning process (soon to have a page at www.oregon.gov/OPRD/PARKS/) and let us know your thoughts on the future of this wonderful Natural Area and Nature Center. Till then, I leave you with the Greek Proverb: "A society grows great when old men plant trees whose shade they know they shall never sit in."

John Mullen, Park Manager
Tryon Creek/Milo McIver Management Unit



Story and Stroll

Fridays; 1:00 - 2:00pm

Join a park naturalist for nature story time and a brief stroll through the park. This program is geared toward families with young children (preferably ages 2-6 but all are welcome.)

Please pre-register online at www.tryonfriends.org. For more specific information, call (503) 636-9886 ext. 225.

September 2 – Seed Need
September 9 – Apple Pie Tree
September 16 – The Kissing Hand: Raccoons
September 23 – Backbone Bonanza
September 30 – Spider Web Wonders
October 7 – Signs of Fall
October 14 – Mushrooms in the Rain
October 21 – Oh Deer!
October 28 – Batty Bats
November 4 – To Be a Tree
November 11 – Fall Leaves Fall
November 18 – Talkin' Turkey
November 25 – Coyotes



Nature
HISTORY
Discovery

Oregon State Parks News and Programs at Tryon Creek



Saturday Guided Nature Walks

Saturdays; 10:00 - 11:30am

Join a park naturalist for a free, guided nature hike to explore the forest and stream ecosystems and natural history at Tryon Creek State Natural Area. Topics will vary from week to week but will be appropriate for all ages. Parents must accompany kids on all hikes.

No pre-registration required. For more specific information or if bringing groups larger than 10, call (503) 636-9886 ext. 225.

- September 3 – Ethnobotany
- September 10 – Stories about Stumps:
History of Tryon Creek
- September 17 – Conifers of the Creek
- September 24 – Forest Fungi
- October 1 – Ethnobotany
- October 8 – Stories about Stumps:
History of Tryon Creek
- October 15 – Forest Fungi
- October 22 – Conifers of the Creek
- October 29 – Creepy Crawly Creatures
- November 5 – Ethnobotany
- November 12 – Stories about Stumps:
History of Tryon Creek
- November 19 – Conifers of the Creek
- November 26 - Forest Fungi

Oregon State Park Rangers and Staff can be contacted at 503.636.9886

Naturalist Notes: Oh That Snail!

After so many seasons of guiding hikes in this canopy covered woods you'd think that I would have learned the correct common names for those terrestrial mollusks that call Tryon Creek their home. I guess it could have been that class of second graders who refused to engage in my bird walk for fear that they would lose count of how many snails they could count along the trail.

In all seriousness, I learned from someone many years ago that the brown snails are called wood snails and that was what I have called all the snails here since that day. Twice this month alone, I have had questions regarding the names of particular snails that inhabit the park. So why is it that we know the common name of the banana slug and the European black slug but have not been formally introduced to their tough-shelled counterparts?



Pacific sideband snail, *Monadenia fidelis*



Oregon forestsnail, *Allogona townsendiana*

With a little help from the Electronic Atlas of the Wildlife of British Columbia and OSU, I was able to find what (I think) are the names of two native snails that you may encounter on a trail adventure at Tryon Creek. The large rosy brown snail that you see frequenting mossy mats along the ground and tree trunks has a thin black line along the bottom of the whorls for which it is named. The Pacific sideband snail, *Monadenia fidelis*, is the species that I see most often blending into the reddish brown shades of tree bark and duff. The flesh of the body will have a pink to burgundy brown color with a raised pebbly texture.

The other native snail you are likely to see here is a beauty with its golden or light amber shell and light peach colored body. The forestsnail whorls often pale from wear, bleaching and flaking with maturity. Fortunately, the optimum habitat for this Oregon Forestsnail, *Allogona townsendiana*, just happens to be bigleaf Maple, black cottonwood, stinging nettle and western redcedar. Our Canadian neighbors aren't as fortunate, as they are working hard to protect their Federally listed Endangered Oregon Forestsnail.

Decomposers are such an important piece of the forest ecosystem, cycling nutrients through the natural community. Too often we overlook things that are under foot, so the next time you walk past one of our native snails, take a moment to stop and appreciate their beauty as well as the service they provide.

Christal Florin, Interpretive Ranger
Tryon Creek/Milo McIver Management Unit

Fall Calendar of Events

SEPTEMBER

DATE	DAY	TIME	ACTIVITY	TOPIC	NOTES
2	Fri	1:00pm	Story and Stroll	Seed Need	Ideal for families with young children. Please pre-register at www.tryonfriends.org
3	Sat	10:00am	Guided Nature Walks	Ethnobotany	This is a free program, no pre-registration is necessary.
9	Fri	1:00pm	Story and Stroll	Apple Pie Tree	Ideal for families with young children. Please pre-register at www.tryonfriends.org
10	Sat	9:00am	Volunteering	Stewardship Saturdays - Ivy Pull	Minor forms required. Youth 16 and under must be accompanied by an adult.
10	Sat	10:00am	Guided Nature Walk	Stories about Stumps: History of Tryon Creek	This is a free program, no pre-registration is necessary.
13	Tues	1:00pm	Kids in Nature Tuesdays	Autumn Wonders	Four sessions - Sept 13, 20, 27 and Oct 4 \$35/child (non-member); \$31.50/child (member); Pre-registration required.
15	Fri		Volunteer Field Trip	Silver Falls State Park	For Volunteers Only. RSVP to Sarah Kreisman.
16	Fri	1:00pm	Story and Stroll	The Kissing Hand: Raccoons	Ideal for families with young children. Please pre-register at www.tryonfriends.org
16	Fri	6:00pm	Adult Program	Twilight at Tryon	\$10/person (non-member); \$9/person (member); Pre-registration required.
17	Sat	10:00am	Guided Nature Walk	Conifers of the Creek	This is a free program, no pre-registration is necessary.
18	Sun	10:00am	Kids in Nature	Sensational Salamanders	\$10/child (non-member); \$9/child (member); Pre-registration required.
18	Sun	1:00pm	Adult Workshop	Landscaping for Conservation	This is a free program but enrollment is limited, pre-registration is encouraged.
23	Fri	1:00pm	Story and Stroll	Backbone Bonanza	Ideal for families with young children. Please pre-register at www.tryonfriends.org
24	Sat	9:00am	Volunteering	Stewardship Saturdays: National Public Lands Day	Minor forms required. Youth 16 and under must be accompanied by an adult.
24	Sat	10:00am	Guided Nature Walks	Forest Fungi	This is a free program, no pre-registration is necessary.
30	Fri	1:00pm	Story and Stroll	Spider Web Wonders	Ideal for families with young children. Please pre-register at www.tryonfriends.org

OCTOBER

1	Sat	10:00am	Guided Nature Walks	Ethnobotany	This is a free program, no pre-registration is necessary.
1	Sat	6:30pm	Scout Trail Days	Rascally Raccoons	Scouts ages 6-12. \$5 per scout, \$5 per adult. No siblings allowed. Pre-registration required.
7	Fri	1:00pm	Story and Stroll	Signs of Fall	Ideal for families with young children. Please pre-register at www.tryonfriends.org
8	Sat	9:00am	Volunteering	Stewardship Saturdays - Ivy Pull	Minor forms required. Youth 16 and under must be accompanied by an adult.
8	Sat	10:00am	Guided Nature Walk	Stories about Stumps: History of Tryon Creek	This is a free program, no pre-registration is necessary.
11	Tues	1:00pm	Kids in Nature Tuesdays	Dirt	Four sessions - Oct 11, 18, 25 and Nov 1 \$35/child (non-member); \$31.50/child (member); Pre-registration required.
12	Wed	7:00pm	Volunteering	Volunteer Orientation	RSVP with Sarah at Sarah@tryonfriends.org
14	Fri	1:00pm	Story and Stroll	Mushrooms in the Rain	Ideal for families with young children. Please pre-register at www.tryonfriends.org

Tryon Creek State Natural Area

NOVEMBER

DATE	DAY	TIME	ACTIVITY	TOPIC	NOTES
15	Sat	10:00am	Guide Nature Walk	Forest Fungi	This is a free program, no pre-registration is necessary.
15	Sat	6:30pm	Family Event	Creatures of the Night	\$6/child (\$5/child for members). \$6/adult (\$5/adult for members). Registration required.
15	Sat	7:30pm	Adult Hike	Creatures of the Night	\$6/adult (\$5/adult for members). Registration required.
16	Sun	10:00am	Kids in Nature	Spider Extravaganza	\$10/child (non-member); \$9/child (member); Pre-registration required.
16	Sun	2:00pm	Adult Workshop	Landscaping for Conservation	This is a free program but enrollment is limited, pre-registration is encouraged.
21	Fri	1:00pm	Story and Stroll	Oh Deer!	Ideal for families with young children. Please pre-register at www.tryonfriends.org
22	Sat	9:00am	Volunteering	Stewardship Saturdays: No Ivy Day and Trail Maintenance	Minor forms required. Youth 16 and under must be accompanied by an adult.
22	Sat	10:00am	Guided Nature Walk	Conifers of the Creek	This is a free program, no pre-registration is necessary.
28	Fri	1:00pm	Story and Stroll	Batty Bats	Ideal for families with young children. Please pre-register at www.tryonfriends.org
29	Sat	10:00am	Guided Nature Walk	Creepy Crawly Creatures	This is a free program, no pre-registration is necessary.
4	Fri	1:00pm	Story and Stroll	To Be a Tree	Ideal for families with young children. Please pre-register at www.tryonfriends.org
5	Sat	10:00am	Guided Nature Walk	Ethnobotany	This is a free program, no pre-registration is necessary.
6	Sun	2:00pm	Family Event	Family Fun with Worm Bins	\$20 Fee includes materials for worm bin and covers one adult and one child. Pre-registration required.
7	Mon	6:00pm	Adult Program	Citizen Science Kick-off Dinner: Owls of Tryon Creek	This is a free program but enrollment is limited, pre-registration is encouraged.
11	Fri	1:00pm	Story and Stroll	Fall Leaves Fall	Ideal for families with young children. Please pre-register at www.tryonfriends.org
12	Sat	9:00am	Volunteering	Stewardship Saturdays - Ivy Pull	Minor forms required. Youth 16 and under must be accompanied by an adult.
12	Sat	10:00am	Guided Nature Walk	Stories about Stumps: History of Tryon Creek	This is a free program, no pre-registration is necessary.
13	Sun	1:00pm	Adult Workshop	Fungi Forest: Mycological Marvels of Tryon Creek	This is a free program but enrollment is limited, pre-registration is encouraged.
18	Fri	1:00pm	Story and Stroll	Talkin' Turkey	Ideal for families with young children. Please pre-register at www.tryonfriends.org
19	Sat	10:00am	Guided Nature Walks	Conifers of the Creek	This is a free program, no pre-registration is necessary.
20	Sun	10:00am	Kids in Nature	Fall Frenzy	\$10/child (non-member); \$9/child (member); Pre-registration required.
25	Fri	1:00pm	Story and Stroll	Coyotes	Ideal for families with young children. Please pre-register at www.tryonfriends.org
26	Sat	9:00am	Volunteering	Stewardship Saturdays - Ivy Pull	Minor forms required. Youth 16 and under must be accompanied by an adult.
26	Sat	10:00am	Guided Nature Walks	Forest Fungi	This is a free program, no pre-registration is necessary.

FRIENDS OF TRYON CREEK STATE PARK
11321 SW Terwilliger Blvd.
Portland OR 97219

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Visiting the Park

Tryon Creek State Natural Area is a 675 acre day use area approximately 15 minutes from downtown Portland. There are 8 miles of hiking trails and 3.5 miles of horse trails. Pets **on leash** are welcome in the park. Please keep pets (and yourselves) out of the Creek. Although a State Natural Area there is no day use fee.

Directions

The main entrance to the park is along Terwilliger Blvd. east of Barbur Blvd. between the Boones Ferry-Terwilliger fork and State Street (HWY 43). The park is accessible from I-5 at Exit 297.

Hours

Park: 7:00am to Dusk

Nature Center: 9:00am - 4:00pm Every Day

Contact and Address Information

Friends of Tryon Creek State Park

11321 SW Terwilliger Blvd

Portland OR 97202

503.636.4398 • www.tryonfriends.org

State Parks Information: 503.636.9886

