



Trillium Times

PROGRAM GUIDE AND NEWSLETTER OF THE FRIENDS OF TRYON CREEK STATE PARK



Fall 2010

Vol. 37, No. 3

Spooky Night Hike

Saturday, October 30th

Children's Adventures

- Kids in Nature
- Preschool Classes
- Scouts Trail Day
- Birthday Parties

For Adults

- Nature After Hours
- Mushroom Workshop
- Landscaping for Conservation
- Sunday @ 2 Presentations

Volunteering and Stewardship

- National Public Lands Day
- No Ivy Day
- Volunteer Orientation
- Nature Guide Training
- Stewardship Saturdays
- Field Trip for Volunteers
- Volunteers make it happen

News and Updates

- Sustainability, PSU and Tryon Creek
- Remembering Bernice Stearns
- Conservation Crusaders
- International Plastic Quilt Project
- What's in your Park - Naturalist Notes
- Field Trip programs for school groups



www.tryonfriends.org

Who are the Friends of Tryon Creek State Park?

The Friends of Tryon Creek State Park, in collaboration with Oregon State Parks, strives to provide world-class interpretive and educational experiences to visitors of the park; act as a natural history resource to families, teachers and students throughout the Portland Metro-region; enrich the health of visitors of all ages by maintaining trails for walkers and horseback-riders; and is a leader and partner in the protection, restoration and conservation of this park and the watershed it resides within.

Mission

To conserve and enhance the natural resources, and promote the educational, interpretive and recreational programs of Tryon Creek State Park.

Board of Directors

Phil Hamilton, **President**
Laura Dobyns, **Past President**
Sharon Hawley, **Secretary**
Peter Browning, **Treasurer**
Lu Beck
Judy Dannen
Joan DeChaine
Cindy Ellison
Terry Griffin
Patti Henry
Jan Johanns
Jeff Lang
Gary Pagenstecher
Pat Rau
Nathan Reagan
Phil Richman
Darren Weirmick

Staff

David Cohen, **Executive Director**
Stephanie Wagner, **Education Director**
Linda Koser, **Education Coordinator**
Matthew Collins, **Education Coordinator**
Amy Hoffman, **Volunteer and Stewardship Coordinator**
Melissa McIntire, **Membership and Events Coordinator**
Jeffrey Gray, **Communications Coordinator**
Sandi Tester, **Administrative Assistant**
Sean Tevlin, **Watershed Coordinator**
Casey Newman, **Day Camp Director**
Martha West, **Weekend Support**
Sharon Jamin, **Bookkeeper**

Friends of Tryon Creek programs are supported by

- City of Lake Oswego
- City of Portland, Bureau of Environmental Services
- Gray Family Foundation of the Oregon Community Foundation
- Herbert A. Templeton Foundation
- Jackson Foundation
- Juan Young Trust
- Metro: Nature in Neighborhoods
- Oregon Lottery
- Patagonia
- Portland State University
- REI
- Wessinger Foundation



Director's Corner: Making a difference in our community

The interface between man and the environment has taken some high profile turns in the last few years: the oil spill, global warming and greenhouse emissions, endangered species, urban growth boundaries, the "No Child Left Inside" movement, habitat preservation and re-establishment, sustainability and the "green" movement, parks' levies, land purchases and so much more. Everyday in the newspaper, there are multiple articles covering these and other issues – it has become a daily, public dialogue instead of one that is intermittent, tangential or happening behind closed doors. These are issues that a mere ten years ago did

not have the fluency, traction or visibility that they have today. And it is a dialogue that has become even more piquant with the realization of how these issues personally touch each and every one of us.

The question then is: how does the work of the Friends fit into this bigger local, regional and national dialogue? At 40, it's important for us to ask the sometimes difficult question: how are we truly making a difference? Longevity and earnestness does not always equal relevance. The board, staff and I will continue to have some deeper conversations about what we're offering our community and how we best use our limited resources to remain as relevant as possible.

For now we have developed the following clear statements that make the important role we play more tangible. The Friends:

- Act as a vital bridge to the community creating a range of access points to nature
- Offer innovative, transformative programs which expand learning opportunities
- Help our forest and unique watershed to thrive
- Are a catalyst to make things happen
- Are a pro-active advocate for experiencing the outdoors through use of our public lands
- Bring financial support and add tremendous value to a public program

We will continue to think and plan strategically as an organization and reinvent ourselves and our programs as we feel is needed. It is the only way we can stay vital as an organization and continue to make a real and measurable difference in the lives of those we touch.

David Cohen

Executive Director, Friends of Tryon Creek State Park



Park Manager's Corner

As I wind down from my first summer season at the helm of the Tryon/Mclver State Park Unit, I am moved by qualities of the park areas within this unit. For those that may not be aware, the 670 acre gem of Tryon Creek State Natural Area is one of several state park areas within a unit totaling 1900 acres. Along with Tryon, this unit includes the 950 acre Milo Mclver State Park near Estacada, several Willamette Greenways including the community favorite of Wapato on Sauvie Island, the historic Willamette Stone State Heritage Site off Skyline Drive, and the Cazadero State Trail, a multi-use trail (in progress), extending the Springwater Trail past Boring to

Estacada and beyond. Reaching into four counties, these lands represent a small portion of the regional habitat types and provide recreational opportunities from disc golf to rafting to horseback riding to wildlife exploration.

Each of these parcels has an equally diverse group of users, many of which have strong bonds to the land that run deep. Daily I receive calls of caring and concern about a park area and all express a heartfelt appreciation for the lands within and for the work of State Parks, Friends of Tryon Creek, and the many other groups and individuals that give of their time and efforts to protect and steward these lands. These areas are part of the fabric of several communities in the region, and, as always, it is an honor to be a part of this fabric as we work together to provide public open space and foster appreciation of this great northwestern landscape.

John Mullen

OPRD Park Manager, Tryon Creek/Milo Mclver Management Unit



Support the Friends vital programs now!

Non-profits today are all feeling the effects of the struggling economy. Now more than ever, the Friends need your contribution so we can maintain the level and quality of programs you've all come to expect and demand. Whether renewing your membership early, or making an additional gift, now would be a most helpful time to contribute. Head to our website or fill out the donation form on page 5 in this newsletter and mail it in to renew your support.

Thanks for considering supporting a cause you truly believe in.

Sincerely,
David Cohen
Executive Director

LEFT: Our field trip program for Portland Area school groups is one of many programs supported by your contributions.

Spooky Night Hike

Saturday,
October 30, 2010

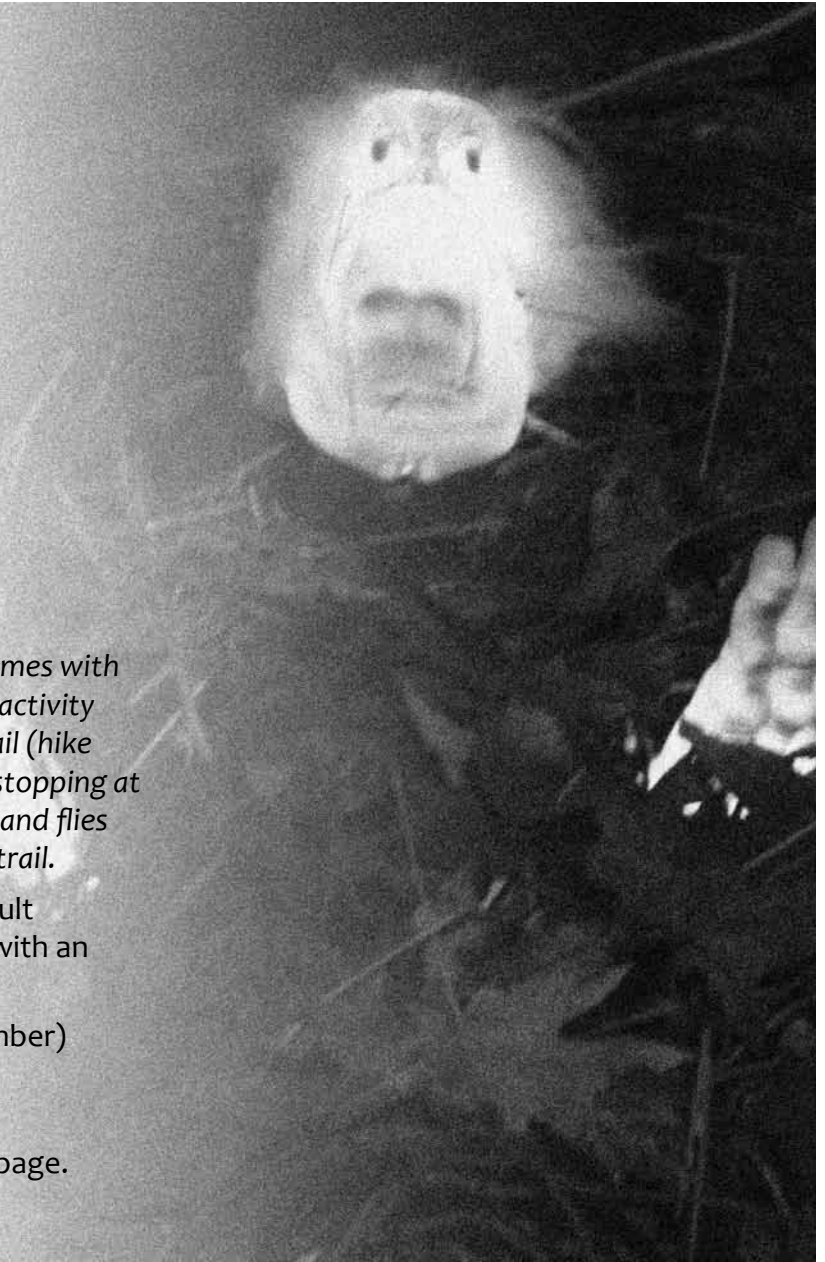
Join us for a special prelude to Halloween that the whole family will enjoy.

There will be crafts in our classroom and games with prizes in the Jackson Shelter. The featured activity is a guided hike along the paved Trillium Trail (hike times will be assigned when you check in), stopping at tented stations to learn about bats, ravens and flies and ending with a trip through the spooky trail.

- 6:00 - 8:00pm for ages 3 - 6 with an adult
- 7:30 - 9:30pm for ages 7 years and up with an adult

\$6/person (non-member), \$5/person (member)
Pre-registration required.

Register on line at www.tryonfriends.org
Click 'Program Registration' on the Homepage.
or by calling (503) 636-4398.



Tryon Creek News and Updates

THE FRIENDS LOSE A FRIEND – BERNICE STEARNS



In August the Friends of Tryon Creek lost long time supporter and friend, Bernice Stearns. An avid outdoorswoman, Bernice always cared deeply for the environment and had a special place in her heart for Tryon Creek State Park. Bernice was an active member of the Friends' Board and served as Treasurer for many years. Her love of the outdoors was complemented by her attention to detail – she was an exceptional Treasurer. We will deeply miss her positive attitude and thoughtful presence. Our condolences to the family and to Mel Taylor for this sad loss. Her obituary in the Oregonian asks that gifts in her memory be sent either to the Friends of Tryon Creek or the Trails Club of Oregon.

LAKE OSWEGO CENTENNIAL CELEBRATION WINNER

While the Friends took part in the highly successful Lake Oswego Centennial Celebration last month, we held a drawing for a free one year membership to the Friends. Membership includes receiving of all publications, invitations to special events, and discounts in our nature store and for all classes and programs with fees. We're proud to announce that **Laurette Nacamulli** was the lucky visitor whose name was pulled from the hat. Congratulations and thanks to everyone who participated that day.

SUSTAINABILITY, PSU AND TRYON CREEK!

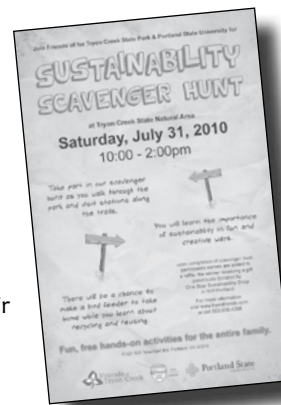
Tryon's very first Sustainability Scavenger Hunt was held on Saturday, July 31st. Portland State University students, enrolled in the senior capstone class *Interpretation for Sustainability*, created a scavenger hunt that lead participants through the park looking for answers to how we can help to protect our soil, water and trees, and reduce our impact on our treasured urban forests. Information stands along the trail helped to provide answers to the scavenger hunt questions and all participants were invited to make birdfeeders from recycled materials. Participants also had the opportunity to enter their names in a raffle for a prize provided by the **One Stop Sustainability Shop** in NW Portland.

For the past 12 years the Friends have been privileged to be a community partner with the PSU capstone program. All graduating PSU seniors are required to take a multidisciplinary capstone class designed to integrate their college experiences and provide support for their community. Each summer the Tryon Creek students study sustainability issues relevant to urban forests and create ways to increase public awareness of challenges it faces. An added benefit to Friends of Tryon Creek - Stephanie Wagner, Education Director, is the instructor for the class. Stephanie also teaches Effective Environmental Education capstone classes in the spring and fall. These classes work to support our school field trip programs. The capstone classes have added immeasurably to the quality of the Friends' education and community outreach programs. We treasure our partnership with PSU and look forward to many rewarding shared experiences in the years to come.

"I wanted you to know what a joy your class has been. Not only did we all enjoy the class, I learned a lot and think you have a very good teaching style that motivates students positively toward change.

*Thank you!
Sincerely, Sienna"*

**Summer 2010 PSU Capstone student speaking
of Education Director, Stephanie Wagner.**



VOTE YES ON MEASURE 76.

The Friends of Tryon Creek strongly endorses Measure 76 which will continue support for state parks and other conservation efforts from Oregon Lottery funds.

For more information, visit
www.waterparkswildlife.org

INTERNATIONAL PLASTIC QUILT PROJECT

Join the Friends of Tryon Creek in September and October as we take part in the International Plastic Quilt Project. The International Plastic Quilt Project began as Leave No Plastic Behind (LNPB) in 2007. It was a simple exercise among new and old friends in Portland, Oregon. Cheryl Lohmann, creator of the project, found a local cafe willing to hang art created out of single-use plastic, then sent out a call for artists and others to live plastic-free for the same three month time period. Since then she has had more art exhibits involving people from around the country. From LNPB arose the International Plastic Quilt Project, with groups in Kenya, United Kingdom, and now Mexico. The International Plastic Quilt Project is now an integral part of plastic awareness for the non-profit Create Plenty. Join us as we partner with Create Plenty to remove plastic from our daily lives and create beautiful family-friendly art inspired by the park. Stay tuned for more information in our upcoming e-newsletter and a brochure in the visitor's center.

International Plastic Quilt Project
<http://createplenty.org/>

Matthew Collins
Education Coordinator





WHAT'S IN YOUR PARK? KEEPING UP WITH NATURALIST NOTES.

Naturalist Notes is a jointly produced web resource from Oregon Parks and Recreation Department and Friends of Tryon Creek State Park. The intention is to provide a forum for exploring and connecting with the flora, fauna and fungi who make this park home. Here is an excerpt from a post by Amelia Jensen dated July 5 entitled, *Juvenile Barred Owls on Wednesday Night Guided Walk*.

Hello all,

This past Wednesday afternoon at around 4:45 p.m., Park Ranger Rhett Wilkins called to tell

me he was on West Horse Loop watching one of our adult Barred Owls feed two of its nearly full-grown chicks. Since I was about to lead an owl-themed hike that night, and because I hadn't yet had a chance to see our Barred Owls, I rushed over as soon as I could.

Rhett saw one of the juveniles attempting to hunt – it failed trying to pin a squirrel against a tree, then flapped around the tree chasing it before giving up. Soon after, though, one of its parents brought it a mouse.

Rhett and I felt very lucky to get to watch them for a while, and I just hoped they'd stick around for the night walk!

Later that evening, as the hiking group climbed the steep Cedar Trail hill into Barred Owl territory, we heard that juvenile hissing sound again and my hopes were renewed. We arrived at the location where we'd seen them earlier, where we watched and waited silently. Soon, an owl-eyed young hiker spotted one of the juveniles! It was checking us out from the safety of a small Western Red Cedar right next to the trail. It was getting dark, but everybody could see the owl looking back at us.

We watched the owls – and they watched us – for fifteen or twenty minutes, and then it was time to leave our new friends to the approaching night.

A very exciting night hike! Cheers,

Amelia Jensen

Interpretive Intern for Friends of Tryon Creek State Park

For more posts and information, please visit Naturalist Notes at www.tryonfriends.org.

Edited by Rhett Wilkins

Interpretive Ranger, Oregon Parks and Recreation Department

SIGN UP FOR OUR FIELD TRIP PROGRAMS NOW!



The Friends of Tryon Creek State Park offer hands-on, experiential field trips for school groups that teach basic concepts in science and natural history.

We serve preschools through high schools across the metropolitan area, and cater each program to the students' age, background and experience. On every field trip, students will spend time outdoors, rain or shine, so be sure to dress for the weather. All are designed to promote critical thinking, develop problem solving skills, and foster positive relationships with the natural world.

We have morning, afternoon and full day programs for grades preschool through 12th grade.

Check our website for more topics and details or talk to Education Coordinator, Linda Koser at linda@tryonfriends.org or 503.636.4398

Membership/Donation Form

Would you like to help the Friends of Tryon Creek continue its important work with a fully tax-deductible contribution?

I would like to make a contribution of:

- \$1000
 \$500 - **Founder's Circle**
 \$250
 \$100
 \$50
 Other \$ _____
 Monthly \$ _____

Date _____
 Name _____
 Address _____
 City/State/Zip _____
 Telephone _____
 email _____

CHECK ENCLOSED - Please make checks payable to: **Friends of Tryon Creek State Park**

MASTERCARD VISA

Acct. # _____

Exp. Date _____

Signature _____

I would like to join the Park Perennials by contributing monthly. Please bill my credit or debit card each month, in the amount of \$ _____.

My company will match this gift. (**Please send us your company's matching gift form.**)

Consider a gift to the Oregon Cultural Trust. Visit them online at: www.cultural.trust@state.or.us for more information.

Fall Events and Activities

SUNDAY @ 2: URBAN CHICKENS

*Sunday, September 12
2:00 - 3:00pm*

Urban chicken are so sustainable – just think fresh eggs every day, and great fertilizer for your garden. Join Just Us Hens to get the scoop on setting up your coop. **Free event, no pre-registration necessary. For ages 12 years and older.**

PRESCHOOL CLASS: CREEK CRITTERS

*Tuesdays,
September 14, 21, 28, & October 5
1:00 - 2:00pm*

Ever wonder who swims, dives, hunts and sleeps in the creek? Now is your chance to find out. Meet water creatures, and find out about their habitats. During these hour-long classes, you and your child will explore the natural world through nature walks, crafts, science activities, and stories.

**Ages 3-6 with parent/guardian.
\$30 (\$26 for members)**

**Fee covers one adult and one child.
Pre-registration required.**

KIDS IN NATURE: HERP HUNT - SNAKES AND SALAMANDERS

*Sunday, September 19
10:00 - 11:30am*

Spend the morning as a herpetologist – exploring the park to learn about the snakes and salamanders that call Tryon Creek home. We will check out pit traps, observe salamanders and learn about these secretive creatures.

For children ages 4 – 7 accompanied by an adult

**Cost: \$10/child (non-member)
\$8.50/child (member)**

Pre-registration required.

SUNSET CIRCLE – WATCH THE CHANGING OF THE GUARD

*Tuesday, September 21
6:00 – 8:00 pm*

Discover Tryon at twilight with a Tryon Creek Naturalist. Twilight is a great time to sharpen your awareness skills because it is a transition time of day when some animals become quiet and different animals become active. We will meet at the Nature Center and walk to the Riparian Forest where we will observe the changes as day becomes night.

Be sure to bring something to sit on the ground comfortably for 45 minutes, mosquito repellent, a notebook and a pencil. We will be outside ... so please dress for the weather!

**For ages 12 years and older
Free program but enrollment is limited.
Pre-registration is encouraged.**



LANDSCAPING FOR CONSERVATION: LET NATURE WORK FOR YOU

*Sunday, September 19
1:00 – 4:00pm*

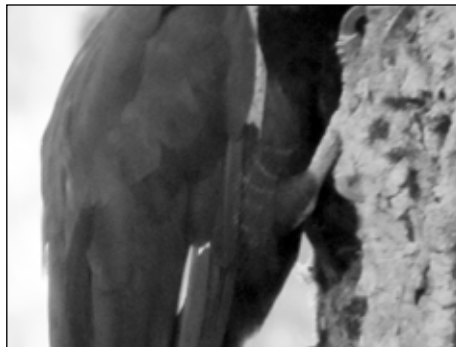
Learn how your garden can function more like the natural system surrounding us. You will learn about your garden from the ground up – starting with the soil and its complex role supporting plants. You will also learn about gardening with native plants which use less water and don't require expensive fertilizers and pesticides. Everyone who attends will receive a gift certificate for a free plant. Tryon Creek Watershed, Portland and Lake Oswego residents will have the opportunity to receive a garden consultation. **This is a free program but enrollment is limited, pre-registration is requested.**

SCOUT TRAIL DAY: CREATURES OF THE DAWN AND DUSK

*Saturday, October 2
6:30 - 8:30pm*

Scouts ages 6-12 (Brownies, Junior Girl Scouts, Cub Scouts, Webelos, Boy Scouts, and Camp Fire kids) along with their adult leaders will have the opportunity to be guided along a one mile trail through the forest, stopping and learning about crepuscular creatures, ones that are moving about and feeding at dawn and dusk, like deer, beaver and mosquitoes. You will also have time to make a craft.

**\$5 per scout and \$5 per adult.
No siblings allowed. Pre-registration required.**



Register online at www.tryonfriends.org or call us at 503.636.4398.
Registration form can be found on page 13.

NATURE AFTER HOURS: MUSHROOMS DEMYSTIFIED

Friday, October 22

6:00 – 8:30pm

Amazing mycologist Maggie Rogers will be the presenter for the fall Nature after Hours program. Join our TGIF celebration for a complimentary beer or glass of wine and mushroom inspired appetizers, and learn about the wonders of our local mushrooms and associated fungi.

Complimentary beverages and appetizers will be served. This is a free event but donations are appreciated.



KIDS IN NATURE: SPIDER EXTRAVAGANZA

Sunday, October 17

10:00 - 11:30am

Join the Friends of Tryon Creek to learn about spiders, explore the park to find unusual spider homes, make a giant web and hold a real tarantula. Have a great time learning to appreciate these amazing creatures.

For children ages 4 – 7 accompanied by an adult

**Cost: \$10/child (non-member)
\$8.50/child (member)**

Pre-registration required.

SUNDAY @ 2: OREGON HUMANITIES - THE CONVERSATION PROJECT

**PROGRAM TITLE - SLOW LEARNERS:
TWO HUNDRED YEARS OF UNHEEDED
WARNINGS**

Sunday, October 10

2:00 - 3:00pm

Cogent, compelling warnings—that exponential population growth must be stopped, that faith in technology to solve our problems is misplaced, that consumer culture cannot bring satisfaction, that greed and envy are treacherous underpinnings for an economic system, that violence elicits more violence, that nature bats last—have been ignored for more than two centuries. These warnings have come from some of the best minds of their times and have often been endorsed by other respected scientists and thinkers, yet their influence on public policy and individual behavior has been negligible. Oregon State University professor emeritus Richard Clinton will explore some of these early warnings, discuss them, and pose three questions: 1) Why have we largely ignored these urgent warnings? 2) What will it take to make us heed them? 3) What would be required of us if we did take them seriously? **Free event, no pre-registration necessary.**

For ages 16 years and older.

PRESCHOOL CLASS: SPOOKY CREATURE FEATURE

Tuesdays,

October 12, 19, 26 & November 2

1:00 - 2:00pm

What animals lurk under rocks and fly through the trees at night? Owls, bats and spiders all live in Tryon Creek State Park. Learn why you don't have to be afraid of these animals and how important they are to our environment.

**Ages 3-6 with parent/guardian.
\$30 (\$26 for members)**

**Fee covers one adult and one child.
Pre-registration required.**

LANDSCAPING FOR CONSERVATION: LET NATURE WORK FOR YOU

Saturday, October 16

9:00 am – noon

Learn how your garden can function more like the natural system surrounding us. You will learn about your garden from the ground up – starting with the soil and its complex role supporting plants. You will also learn about gardening with native plants which use less water and don't require expensive fertilizers and pesticides. Everyone who attends will receive a gift certificate for a free plant. Tryon Creek Watershed, Portland and Lake Oswego residents will have the opportunity to receive a garden consultation. **This is a free program but enrollment is limited, pre-registration is requested.**

SPECIAL EVENT: SPOOKY NIGHT HIKE

Saturday, October 30

See page 3 for details.

MUSHROOM WORKSHOP

Sunday, November 14

1:00 – 4:00 pm

Join the amazing Maggie Rogers, to learn the basics of mushroom identification. Maggie will share her stories of mushroom identifying and collecting complete with a slide show and hands-on samples. Then hit the trail to discover what species the Tryon woods contain.

**For ages 14 years and older
Cost: \$15 (\$13 members)**

Pre-registration required.

KIDS IN NATURE: GETTING READY FOR WINTER

Sunday, November 21

10:00 - 11:30am

Animals and plants are both getting ready for winter. Explore the park to learn about some of the special adaptations of our winter residents and make a habitat map to help you remember what you discovered.

For children ages 4 – 7 accompanied by an adult. Cost: \$10/child (non-member) \$8.50/child (member)

Pre-registration required.

Register online at www.tryonfriends.org or call us at 503.636.4398.

Registration form can be found on page 13.

Fall Events and Activities - Partners

Tryon Creek Watershed Council

Tryon Creek Watershed Council is proud of a busy Summer and Spring where volunteers donated thousands of hours of their time to remove over an acre of invasive plants, and plant over 2,000 native trees and shrubs in streamside areas. While the past few months have been busy, we eagerly anticipate an even busier Fall!

Fall Highlights

Saturday, Oct. 2nd - Annual Native Plant Sale: 9:30 AM – 1:30 PM: SW Community Center at Gabriel Park (SW 45th and SW Vermont St). – Check out our great selection of native plants at great prices! Get expert advice on all your planting needs and help Tryon Creek at the same time. All proceeds benefit the restoration of the Tryon Creek watershed.

Thursday, Oct. 21st – Endangered Salmon Brew Fundraiser: 6 – 7 PM: Rock Bottom Brewery in downtown Portland (SW 2nd and Morrison) – Join the Watershed Council to enjoy the tapping of the specially made Endangered Salmon Brew. All pints are only \$2 from 6-7 PM and all proceeds benefit endangered salmon recovery in Tryon Creek. Bring your friends, family, co-workers, neighbors, and enjoy!

Saturday, Nov. 6th – Tryon Creek watershed tour: 10 AM – 1 PM: meet at the Tryon Creek State Park Nature Center (bring your own transportation, RSVP required) – Ever wondered what Tryon Creek is like outside the State Park? Join local experts as we tour some of the best spots the Tryon Creek watershed has to offer, inside and outside Tryon Creek State Park, and learn what's being done to protect and restore this precious resource. RSVP to tcwc@tryonfriends.org

Live on a stream in the Tryon Creek watershed? Want help restoring your property? Free native plants and consultation are available! We are once again offering free consultation and native plants for those who qualify to property owners wishing to improve streamside habitat on their property. Take advantage of this great offer to get started on that overgrown yard. Contact the Tryon Creek Restoration Mentor Program at tcwc@tryonfriends.org or 503.636.4398, Ext. 121 to schedule a free site visit.



NAI Certified Interpretive Guide Training

**October 19, 20, 21, 22, 2010
8:00 - 4:30pm**

As an interpreter, you connect the minds and hearts of guests to the beauty of nature and the mysteries of history. NAI offers a professional certification

program. The CIG credential is gaining recognition and respect by tour and cruise companies, parks, zoos, museums, nature centers, and aquariums around the world. Oregon State Parks is offering a great opportunity to learn the basics of interpretation in exchange for preparing and leading 20 annual hours of interpretive and educational programs within the park. **Material fees will be waived for volunteers who are not getting certification. Certification is \$80 for members of NAI, \$130 for non members.**

Contact Tryon Creek State Natural Area at 503.636.9886 ext. 222 or ext. 225 for details.



Story and Stroll

Fridays; 1:00-2:00pm

Join a park naturalist for nature story time and a brief stroll through the park. This free program is geared toward families with young children (preferably ages 3-6 but all are welcome.) Please register ahead of time by emailing christal.florin@state.or.us or call (503) 636-9886 ext. 225.



Saturday Guided

Nature Walks

Saturdays; 10:00 - 11:30am

Join a park naturalist for a free, guided nature hike to explore the forest and stream ecosystems and natural history at Tryon Creek State Natural Area. Topics will vary from week to week but will be appropriate for all ages. Parents must accompany kids on all

hikes. For more specific information or if bringing groups larger than 10, call (503) 636-9886 ext. 225.

September 3 – Raccoons: The Kissing Hand

September 10 – Backyard Bugs

September 17 – Hooks & Ladders

September 24 – Birds and their Beaks

October 1 – Amazing Dirt

October 8 – Be Nice to Spiders

October 15 – Tracks and Scat

October 22 – Fall Leaves Fall

October 29 - Batty Bats

November 5 – Mushrooms in the Rain

November 12 – Where would I be in an Evergreen Tree

November 19 – Trickster Coyote

November 26 – Talkin' Turkey

September 4 – Urban Wildlife

September 11 – Stories about Stumps

September 18 – Ethnobotany

September 25 – Fall Colors

October 2 – Creek Critters

October 9 – Urban Wildlife

October 16 – Forest Fungi

October 23 – Ethnobotany

October 30 – Fall Colors

November 6 – Urban Wildlife

November 13 – Stories about Stumps

November 20 – Ethnobotany

November 27 – Creek Critters

Register online at www.tryonfriends.org or call us at 503.636.4398. Registration form can be found on page 13.

Volunteering & Stewardship Activities

Contact: Amy Hoffman at 503-636-4398 or amy@tryonfriends.org.

NATURE GUIDE TRAINING

Evening Orientation:

Wednesday; September 15th; 6:00pm

Morning Orientation:

Thursday; September 16th; 9:00am

Do you like the forest? Would you like to learn more about the plants and animals here at Tryon Creek? Are you interested in how Native Americans used our local plants for food, medicine, tools, and shelter? Do you like working with children? We would love to provide you with that extra knowledge and only ask that as a trained Nature Guide you share it in turn with children and adults who visit the park during morning school field trips. Guides will be asked to volunteer at least 10 times and will lead small groups of children through the forest.

Meet at the Nature Center and dress to hike.

Training schedule to be determined during orientation. For a volunteer Nature Guide job description and answers to your questions please contact Linda Koser, Education Coordinator at (503) 636-4398 or linda@tryonfriends.org



NATIONAL PUBLIC LANDS DAY

Saturday, September 25

9:00 - Noon

National Public Lands Day is the largest volunteer hands-on activity of its kind in the nation. Held the last Saturday in September each year, the event brings together thousands of individual and organizational volunteers to refurbish and restore the country's public lands.

Please check the description for Stewardship Saturdays on this page for pre-registration and parent instructions for the event here at Tryon Creek. For details on National Public Lands Day visit www.publiclandsday.org.



NO IVY DAY

Saturday, October 9

9:00 - Noon

Help the Friends of Tryon Creek State Park cut ivy off of trees on this year's No Ivy Day. When ivy climbs trees it not only flowers and spreads its seeds, but the weight of the ivy can knock over those trees, destroying entire tracts of forest. Come help us stop this invader of the woods!

Please contact Amy Hoffman at 503-636-4398 or amy@tryonfriends.org for more information and to sign-up. Groups of 5 or more, please pre-register first. All minors are required to have a parent/guardian-signed insurance form. Anyone under 16 must be accompanied by an adult.



VOLUNTEER ORIENTATION

Thursday, October 14

6:00 - 7:30pm

All volunteers are invited to our new quarterly volunteer orientation. Whether you are a brand new volunteer or have been helping out for years but still have questions—this orientation is for you. We will discuss a bit of park history, our general mission and goals, our special relationship

with Oregon Parks and Recreation Department, our Watershed Council, our programs, our volunteer opportunities, and answer any questions that you may have. Heavy appetizers and drinks will be served by served by the Friends.

Can't make it this time? No worries—we will have a volunteer orientation scheduled each season.

R.S.V.P. to Amy Hoffman at 503-636-4398 or amy@tryonfriends.org



STEWARDSHIP SATURDAYS

2nd and 4th Saturdays

9:00 - Noon

Pull together to remove invasive English ivy and to protect our forest. Ivy out competes our native plants, takes over the forest floor and ruins precious habitat. 4th Saturdays may be trail maintenance.

Registration is not required.

- NOTE TO PARENTS/GUARDIANS: All minors MUST be checked in at the Nature Center. Youths 16 and under MUST be accompanied by an adult.
- Gloves and a light snack provided, but please bring your own water bottle.
- Please dress for the weather as we work rain or shine.
- Groups of 5 or more - Please contact Amy Hoffman (listed above)

September 11th

September 25th – National Public Lands Day

October 9th – No Ivy Day

October 23rd

November 13th

November 27th

Volunteers Make it Happen



TOP LEFT: Jim Squires often goes unrecognized for his role in our Summer Forest Music Concert Series here at Tryon Creek and this year we'd like to honor him and his contribution. For years Jim has dedicated his time to booking, organizing and introducing the bands we enjoy here at the park on Sunday afternoons in the summer. Thank YOU Jim!!!

TOP MIDDLE: Assistant Counselors help our day camp run smoothly by donating a week or more of their time this summer to help guide children on their adventures through our forest and meadow.

CENTER: Forest Music also depends on our faithful parking volunteers, like new board member Nate Reagan, to help direct traffic to this popular event.

BOTTOM LEFT: The efforts of our stewardship volunteers never stop and this summer they continued to battle invasive species such as ivy and blackberries.

BOTTOM CENTER AND MIDDLE RIGHT: Board members, Laura Dobyns (BC), Jeff Lang and Terry Griffin (MR) reached out to park visitors to raise awareness of the Friends and our programs in addition to supporting State Park's Day.

BOTTOM RIGHT: Nature Center Hosts such as Liz Kidd played a key role in helping with camp check-in and summer visitors.

BUSINESSES GIVE BACK: MOSS-ADAMS LLP



Moss-Adams LLP employees pitched-in to help pull ivy and enjoy a day in the park. Thanks guys!

CONSERVATION CRUSADERS: NEW URBAN HIGH SCHOOL



It all began on a warm June morning. Five excited and slightly nervous high school students, led by one very energetic adult leader set out to begin nearly seven weeks of restoration projects around the park. Our first task was removing the ever-present English Ivy on the North Horse Loop Trail. This site was overrun and it seemed like an insurmountable task at first. The mosquitoes were relentless and the ivy stretched as far as the eye could see. But we charged forth into the woods and began ripping the labyrinth of roots from the ground.

After ripping and snipping for a week we put our hard working brains and muscles to the test at our next project site, installing new stairs on the Lewis and Clark Trail. It was a new experience for most of us, so our learning curve was steep. We learned many new skills, such as power and hand tool use, the mathematics of stair installation and a newfound sense of accomplishment. There were days of mental and physical exhaustion, but the warmth and support from the park visitors was all the encouragement we needed to continue.

As we moved into our third week of work at the park we continued to remove ivy by the truckloads at various sites around the park. But we were soon tasked with another large project, THE ROCK WALL!! Using only wheelbarrows and our group's super human physical and mental strength we transported nearly 85 rocks to create a very sturdy, functional and sustainable retaining wall. We used a method called Dry Stacking in which no cement was used to secure each rock. Instead each rock is precisely placed to balance and evenly distribute the weight across the entire wall. The objective of this wall is to battle the forces of erosion on the Cedar Trail. The heavy forces of erosion were weighing on the opposite side of the trail

JUST FOR VOLUNTEERS: COLUMBIA RIVER BIRDING FIELDTRIP



Friday, October 15

Join us on our next special volunteer appreciation fieldtrip to Steigerwald Lake National Wildlife Refuge located on the Columbia River. We will walk along the Gibbons Creek Wildlife Art Trail and bird watch. The refuge is located about 40 minutes from the park and we'll meet at 8am to carpool from the nature center.

The Friends will provide lunch but please bring your own water bottle, drinks and snacks. Also throw in warm layers, a raincoat, and your binoculars (we'll have at least one scope with us).

For more information on the refuge check out:

<http://www.fws.gov/ridgefieldrefuges/steigerwaldlake/index.html>

R.S.V. P. to Amy Hoffman at 503-636-4398 or amy@tryonfriends.org

as well, so we used a fallen cedar tree along with river rock and dirt to create a stable barrier against further crumbling of the side slope.

Our last couple of weeks at the park consisted of continuing our battle against the evil empire, aka English Ivy, and also its well know side kick, Blackberry. But we never forgot to stop and take time to admire the incredible scenery and wildlife of Tryon Creek State Park. Our time this summer couldn't have been more rewarding, enlightening or incredible and it couldn't have been done without the very wise and thoughtful help of Ranger Don McClary, who once said, "Building a rock wall means you have to learn to compromise and compensate." This was a summer to remember.

**written by the New Urban High School Team:
Kaig Lightner (Crew leader), Amber Archie,
Skyler Barbee, Cameron Robbins, Brandon Suber,
Miranda Zook**



Fall Calendar of Events

SEPTEMBER

DATE	DAY	TIME	ACTIVITY	TOPIC	NOTES
3	Fri	1:00pm	Story and Stroll	Raccoons: The Kissing Hand	Call 503.636.9886 ext 226 to register
4	Sat	10:00am	Guided Walk	Urban Wildlife	
10	Fri	1:00pm	Story and Stroll	Backyard Bugs	Call 503.636.9886 ext 226 to register
11	Sat	9:00am	Stewardship Saturdays	Ivy Pull Workparty	Minor forms required. Youth 16 and under must be accompanied by an adult
11	Sat	10:00am	Guided Walk	Stories about Stumps	
12	Sun	2:00pm	Sunday@2 Lecture	Urban Chickens	Free activity for ages 12 and older
14	Tues	1:00pm	Preschool Class	Creek Critters <i>meets on Sept. 14, 21, 28, and Oct. 5</i>	\$30 (\$26 for members), pre-registration required.
15	Wed	6:00pm	Naturalist Training	Nature Guide Training - Evening Orientation	Contact Linda Koser for details.
16	Thu	9:00am	Naturalist Training	Nature Guide Training - Morning Orientation	Contact Linda Koser for details.
17	Fri	1:00pm	Story and Stroll	Hooks & Ladders	Call 503.636.9886 ext 226 to register
18	Sat	10:00am	Guided Walk	Ethnobotany	
19	Sun	10:00am	Kids in Nature	Herp Hunt – Snakes and Salamanders	\$10/child (\$8.50 for members), pre-registration required
19	Sun	1:00pm	Adult Workshop	Landscaping for Conservation	Free program but registration is limited. Pre-registration is encouraged.
21	Tues	6:00pm	Special Event	Sunset Circle – Watch the Changing of the Guard	For ages 12 years and older. Free program but registration is limited. Pre-registration is encouraged.
24	Fri	1:00pm	Story and Stroll	Birds and their Beaks	Call 503.636.9886 ext 226 to register
25	Sat	9:00am	Stewardship Saturdays	National Public Lands Day	Minor forms required. Youth 16 and under must be accompanied by an adult
25	Sat	10:00am	Guided Hike	Fall Colors	

OCTOBER

1	Fri	1:00pm	Story and Stroll	Amazing Dirt	Call 503.636.9886 ext 226 to register
2	Sat	10:00am	Guided Walk	Creek Critters	
2	Sat	6:30pm	Scout Trail Day	Creatures of the Dawn and Dusk	For Scouts ages 6-12 with adults, \$5/scout and \$5/adult ; no siblings allowed - Pre-registration required.
8	Fri	1:00pm	Story and Stroll	Be Nice to Spiders	Call 503.636.9886 ext 226 to register
9	Sat	9:00am	Stewardship Saturdays	No Ivy Day	Minor forms required. Youth 16 and under must be accompanied by an adult
9	Sat	10:00am	Guided Walk	Urban Wildlife	
10	Sun	2:00pm	Sunday@2 Lecture	Slow Learners: Two Hundred Years of Unheeded Warnings	Free event for adults.
12	Tues	1:00pm	Preschool Class	Spooky Creature Feature <i>meets on Oct. 12, 19, 26 and Nov. 2</i>	\$30 (\$26 for members), pre-registration required.
14	Thu	6:00pm	For Volunteers	Volunteer Orientation	RSVP to Amy at amy@tryonfriends.org
15	Fri	8:00am	For Volunteers	Columbia River Birding Fieldtrip	Special recognition for all volunteers. RSVP to Amy at amy@tryonfriends.org
15	Fri	1:00pm	Story and Stroll	Tracks and Scat	Call 503.636.9886 ext 226 to register
16	Sat	9:00am	Adult Workshop	Landscaping for Conservation	Free program but registration is limited. Pre-registration is encouraged.
16	Sat	10:00am	Guided Walk	Forest Fungi	
17	Sun	10:00am	Kids in Nature	Spider Extravaganza	\$10/child (\$8.50 for members), pre-registration required
19	Tues	8:00am	Naturalist Training	NAI Certified Interpretive Guide Training <i>meets on October 19, 20, 21, and 22</i>	See description for details.
22	Fri	1:00pm	Story and Stroll	Fall Leaves Fall	Call 503.636.9886 ext 226 to register
22	Fri	6:00pm	Nature After Hours	Mushrooms Demystified	Free event for adults.
23	Sat	9:00am	Stewardship Saturdays	Ivy Pull	Minor forms required. Youth 16 and under must be accompanied by an adult

Tryon Creek State Natural Area

NOVEMBER

DATE	DAY	TIME	ACTIVITY	TOPIC	NOTES
23	Sat	10:00am	Guided Walk	Ethnobotany	
29	Fri	1:00pm	Story and Stroll	Batty Bats	Call 503.636.9886 ext 226 to register
30	Sat	10:00am	Guided Walk	Fall Colors	
30	Sat	6:00pm	Family Event	Spooky Night Hike	\$6 (\$5 for members), pre-registration required. 6-8pm 3-6 with an adult 7:30-9:30pm for 7 years and up with an adult
5	Fri	1:00pm	Story and Stroll	Mushrooms in the Rain	Must call 503.636.9886 ext 226 to register
6	Sat	10:00am	Guided Walk	Urban Wildlife	
12	Fri	1:00pm	Story and Stroll	Where would I be in an Evergreen Tree	Must call 503.636.9886 ext 226 to register
13	Sat	9:00am	Stewardship Saturdays	Ivy Pull	Minor forms required. Youth 16 and under must be accompanied by an adult
13	Sat	10:00am	Guided Walk	Stories about Stumps	
14	Sun	1:00pm	Workshop	Mushrooms of Tryon Creek	For ages 14 and older, \$15 (\$13 for members). Must Pre-register.
19	Fri	1:00pm	Story and Stroll	Trickster Coyote	Must call 503.636.9886 ext 226 to register
20	Sat	10:00am	Guided Walk	Ethnobotany	
21	Sun	10:00am	Kids in Nature	Getting Ready for Winter	\$10/child (\$8.50 for members) Must pre-register. Call 503.636.4398 to register
26	Fri	1:00pm	Story and Stroll	Talkin' Turkey	Must call 503.636.9886 ext 226 to register
27	Sat	9:00am	Stewardship Saturdays	Ivy Pull	Minor forms required. Youth 16 and under must be accompanied by an adult
27	Sat	10:00am	Guided Walk	Creek Critters	

Registration Form

Participant's First Name	Participant's Last Name	Gender (M/F)	Child's Age	Class	Start Date	Cost

Mail to:
Friends of Tryon Creek State Park
PO Box 812
Lake Oswego, OR, 97034-0135

Would you like to add a membership, and receive a 15% discount on all programs? Family: \$40	
Would you like to make a donation to our education scholarship fund?	
TOTAL	

First Name _____ Last Name _____ Phone (____) _____

Address _____ City _____ State _____ Zip _____

E-mail (preferred for confirmation) _____

Check # _____ or

Visa MasterCard # _____ - _____ - _____ Expiration Date (mo/yr) ____/____

Parent/Guardian name (if different from above) _____ Phone (____) _____

REFUND POLICY

15% handling fee if the cancellation is received more than one month before the start of the program

50% handling fee if the cancellation is received more than two weeks, but less than one month before the start of the program.

No refund on cancellations received two weeks or less before the start of the class.

If a class cancellation is filled from a waiting list the Friends of Tryon Creek will refund the fee less a 15% handling fee.

Register online at
www.tryonfriends.org
or call us at 503.636.4398.

40 by 40 Campaign gets off to a great start – and it's not too late to join in!

I want to personally thank those who have stepped up in a big way to support the Friends and our 40 by 40 Campaign – our goal to raise \$40,000 in 2010 in celebration of our 40th anniversary. For four decades the Friends have been delivering important environmental education programs and restoration efforts that have truly made a difference for all those who use this special park. This is a critical time for us as we begin plans for the next 40 years and work at continuing the legacy we have built here. We are hoping that you share our belief that education and outreach is the best way to ensure the future preservation of our natural habitats and that community driven efforts are key to keeping up with the never ending work of restoring this watershed. Unlike the challenges you've probably read about at other parks, the Friends' commitment to battle invasive species is as strong and apparent as ever. The park and trails have never looked better.

Thanks again to all those who have already given and to those considering supporting a cause that resonates with your personal values. We look forward to bringing you more to celebrate in years to come.

David Cohen
Executive Director



FUND RAISING UPDATE

We continue to get major support from so many of you – we cannot do this work without your ongoing generosity and caring. Founders Circle members who have renewed include **John and Martha Bryan, Fred and Sara Harwin, Frederick Seil, and Stephanie and Rick Wagner.** In addition we have recently received major contributions from **Jeff Rogers and Cynthia Beaumont, Julie Rigby, Kim Epskamp, Judy Rea and Jim Diamond,** and long time supporter and advocate, **John Gray.** We are indebted to those who feel such a strong connection to the Friends mission and values and show that support by giving at this level.

Do watch out for our annual Founders Circle event this fall – we are putting together a nice event and are looking forward to sharing our exciting vision with you.

We also want to thank our Park Perennials. These individuals make a monthly donation to the Friends that is deducted from their bank accounts – an easy and painless way to give – but one that really makes a difference. Those who have signed up include **Phil Richman, John and Jane Salmon, Connie Lively, Mary Narey, Stephanie and Rick Wagner, and Jade and Kate Rubick.**

Contributions from April 16th, 2010 – July 15th, 2010

Please let us know if you have inadvertently been left off this list.

Spring Appeal

Founders Circle \$500 - \$1000
Ned & Marcie Kirschbaum
Margot Dewart

\$100 - \$249

Bernadine Bonn
David Dunning
Ms. Jamie M. Ellgen
Alexis Parks
Steve & Melissa Peterman
Dr. & Mrs. John Keil Richards
Diana Richardson & Stephen Kain
Mary Lou Strong
Dee & George Toepfer
Barbara & Robert Yeager

\$50 - \$99

Rosemary Borene
Joni Cady & Jane Rosevelt
Cheryl Campbell
Elizabeth Carnes
Ernest & Sarah Chaplen
Marvin Clifford
J.& Leslie Culbertson
Dorothy Davidson
Jan Hurst
Richard & Diane Lowensohn
Winnifred May
Patricia Mizutani
John & Trista Nelson
Bee & Quent Neufeld
Amy North
Dan Robison, O.D.

John & Mary Thompson
Beth & Daniel Welton-Miller
John & Martha Westgate
Margaret Wilson

Contributions

\$5,000 - \$7,500
John Gray, through the John Gray
Charitable Trust at OCF

Founders Circle \$500 - \$999

John & Martha Bryan
Fred & Sara Harwin
Fredrick Seil
Stephanie & Rick Wagner
\$250 - \$499
Jesse Lea

\$100 - \$249

Brad & Lois Kanagy
Marjorie Dykeman
Karen Kwong & Martin Schreiber
Steve & Carol Lidberg
Tracy Lucas & Mark Oronzio
Joan O'Bannon
Dan Sulzbach
Douglas & Kathleen Verigin

\$50 - \$99

Jo & Mike Hatfield
Mary Lou Raffety
Sue Randall
Pat & Sara Shannon
Ian Underwood & Mary McGlone
Gary & Maureen Brown

Jack & Jean Brown
Becky & Clarence Hein
Leonard Kuhl

Scholarships

\$1000 - \$1,500
Anonymous
\$250-\$499
Deborah Downs

Business Contributions

Tonkon Torp LLP; Business
Membership
Standard Employee Matching Gift;
Richard Pross & Janet Nagele
**Pfizer Foundation Matching Gifts
Program;** David & Kirsten Axelsen
Carmel
Tektronix Foundation; Laura & Ken
Dobyns

In Memory of...

Roberta Bauer; Kristin Calhoun,
Lucille Beck, L. Jean Rowe, Martin &
Carolyn Winch
Don Chambers; Joanne Chambers,
Liisa Sjoblom
Helene Bremer; Fred Stokeld

SAVE THE DATE: HOLIDAY WREATH SALE AND FOREST MARKET

The Friends are gearing up for another great year of Holiday Wreath Sales at Tryon Creek. The wreaths will be available for pick up at the Forest Market Event on December 4th and 5th, 2010. At this time the Friends will not be providing shipping for wreaths but will have boxes available for purchase should you want to send one yourself. Keep an eye out for your wreath order form in the mail this October!



Do you know why the fingers are crossed on the Oregon Lottery® logo?

They're crossed because it takes a little luck to win. But what some people don't know is whether you win ten bucks, ten million or nothing at all, the state of Oregon wins each and every time a ticket is sold. So it's really a lot more than just luck. In fact, every ticket sold contributes to Oregon's economy - to the tune of

\$500 million a year. Money that goes to schools. Money that goes to businesses. Money that goes to parks and forests and watersheds. But most importantly, money that goes nowhere - but right here in Oregon. So whether your motto is Keep Oregon Green, Keep Oregon Working or Keep Oregon Weird, our goal remains simple: Keep Oregon... Oregon. The Oregon Lottery. It does good things.



It does good things™

FRIENDS OF TRYON CREEK STATE PARK
11321 SW Terwilliger Blvd.
Portland OR 97219

Nonprofit Org.
U.S. Postage Paid
Lake Oswego, OR
Permit no. 84

NATURE INSPIRES ART

AUGUST 27, 28, 29

TICKETS ARE STILL AVAILABLE
FOR FRIDAY'S FUNDRAISER
AND ARTIST RECEPTION.

Visit www.tryonfriends.org for
event details and ticket purchases.

Moving?

Please send your new address to continue
receiving **Trillium Times**

The Publication is produced with the
assistance of **Environmental Paper & Print**.

Visiting the Park

Tryon Creek State Natural Area is a 670 acre day use area approximately 15 minutes from downtown Portland. There are 8 miles of hiking trails and 3.5 miles of horse trails. Pets **on leash** are welcome in the park. Please keep pets (and yourselves) out of the Creek. Although a State Natural Area there is no day use fee.

Directions

The main entrance to the park is along Terwilliger Blvd. east of Barbur Blvd. between the Boones Ferry-Terwilliger fork and State Street (HWY 43). The park is accessible from I-5 at Exit 297.

Hours

Park: 7:00am to Dusk

Nature Center: 9:00am - 4:00pm Every Day

Contact and Address Information

Friends of Tryon Creek State Park

11321 SW Terwilliger Blvd

Portland OR 97202

503.636.4398 • www.tryonfriends.org

State Parks Information: 503.636.9886

